

## 9. Heiligabendlauf (Nohfelden) am 24.12.2010

### 9.2 Kilometer

| Pos. | Name                 | Verein/Ort                                   | Pl./AK | Zeit     |
|------|----------------------|----------------------------------------------|--------|----------|
| 1.   | Sahm, Philipp        | LTF Mausbach                                 | 1.M20  | 00:41:06 |
| 2.   | Alt, Erich           | Hermeskeil                                   | 1.M40  | 00:42:26 |
| 3.   | Jendretzke, Kai      | 1.FC Kaiserslautern                          | 2.M40  | 00:42:47 |
| 4.   | Staudt, Uwe          | The-B-Site Baumholder                        | 3.M40  | 00:43:45 |
| 5.   | Bernardon, Ramon     | LTF Marpingen                                | 1.M30  | 00:46:15 |
| 6.   | Ziemer, Martin       | VfR Baumholder                               | 2.M30  | 00:46:37 |
| 7.   | Kaiser, Hans-Günther | LAZ Birkenfeld                               | 1.M50  | 00:47:04 |
| 8.   | Schneider, Peter     | SC Namborn                                   | 4.M40  | 00:47:25 |
| 9.   | Kallisch, Thomas     | LG Falkenberg                                | 5.M40  | 00:47:26 |
| 10.  | Marx, Michael        | LC Rehlingen                                 | 6.M40  | 00:49:20 |
| 11.  | Hetzel, David        | The-B-Site Baumholder                        | 1.M35  | 00:49:21 |
| 12.  | Uebel, Klaus         | Idarer TV                                    | 1.M55  | 00:50:26 |
| 13.  | Pelzer, Marco        | LT Mertesdorf 2001 e.V.                      | 7.M40  | 00:51:06 |
| 14.  | Pletschette, Chris   | Canach/Luxemburg                             | 2.M35  | 00:51:27 |
| 15.  | Kube, Frank          | Running Stones                               | 1.M45  | 00:51:42 |
| 16.  | Sprave, Jörg         | Team Erdinger Alkoholfrei                    | 8.M40  | 00:52:07 |
| 17.  | Bomersbach, Heiko    | The-B-Site                                   | 9.M40  | 00:52:19 |
| 18.  | Haas, Marion         | TV Rachtig                                   | 1.W45  | 00:54:05 |
| 19.  | Alt, Tobias          | 1. FC Kaiserslautern                         | 2.M20  | 00:54:34 |
| 20.  | Rudolph, Maximilian  | SG Kronau östringen                          | 1.M16  | 00:54:35 |
| 21.  | Al-Mourabit, Ali     | Paris                                        | 2.M50  | 00:54:37 |
| 22.  | Hauch, Michael       | Motorsportfreunde Bergen                     | 3.M35  | 00:54:41 |
| 23.  | Braun, Wolfram       | LG Meulendorf Föhren e.V.                    | 2.M45  | 00:54:45 |
| 24.  | Mayer, Thorsten      | FriBi Funrunners                             | 3.M30  | 00:55:04 |
| 25.  | Herbach, Thomas      | LLG Wonnegau                                 | 3.M50  | 00:55:09 |
| 26.  | Nikodemus, Manuel    | LAZ Birkenfeld                               | 2.M16  | 00:55:25 |
| 27.  | Grupinski, Kerstin   | LG Falkenberg                                | 1.W35  | 00:55:28 |
| 28.  | Winkler, Harald      | Laufftreff Bliesgau                          | 2.M55  | 00:56:14 |
| 29.  | Müller, Michael      | ohne                                         | 3.M20  | 00:57:16 |
| 30.  | Maurer, Jan          | St. Wendel                                   | 4.M20  | 00:57:32 |
| 31.  | Wagner, Rafael       | Freiwillige Feuerwehr Hoppstädten-Weiersbach | 3.M45  | 00:58:45 |
| 32.  | Groß, Günter         | LT Phoenix Dudweiler                         | 4.M45  | 00:59:03 |
| 33.  | Schinnerer, Alfred   | LAZ Birkenfeld                               | 1.M70  | 01:00:12 |
| 34.  | Lorenz, Christian    | Feuerwehr Hoppstädten-Wei.                   | 4.M30  | 01:00:40 |
| 35.  | Groß, Katja          | LT Phoenix Dudweiler                         | 1.W18  | 01:00:40 |
| 36.  | Henrichs, Stefan     | 1.FC Saarbrücken                             | 5.M45  | 01:01:05 |
| 37.  | Schmitt-Runco, Tina  | TV Rehlingen                                 | 2.W35  | 01:01:27 |
| 38.  | Oster, Ottmar        | 1.FC Kaiserslautern                          | 3.M55  | 01:02:52 |
| 39.  | Keller, Jan Philipp  | LTF Köllertal                                | 1.M13  | 01:03:20 |
| 40.  | Keller, Philipp      | LTF Köllertal                                | 6.M45  | 01:03:21 |
| 41.  | Mootz, Werner        | LTF Köllertal                                | 1.M65  | 01:09:59 |
| 42.  | Weyrich, Uwe         | Niederkirchen                                | 5.M30  | 01:10:00 |
| 43.  | Henrichs, Marcel     | 1.FC Saarbrücken                             | 1.M14  | 01:10:56 |
| 44.  | Reimann, Stefan      | TV Offenbach-Hundheim                        | 4.M50  | 01:11:20 |
| 45.  | Werth, Jennifer      | FriBi Funrunners                             | 1.W20  | 01:12:23 |
| 46.  | Kany, Petra          | FriBi Funrunners                             | 2.W45  | 01:12:24 |
| 47.  | Helferich, Elisa     | www.baerenfelslauf.de                        | 1.W8   | 01:18:34 |
| 48.  | Rothaar, Martin      | PSV Pirmasens                                | 4.M55  | 01:21:45 |
| 49.  | Friedrich, Nina      | LLG Wonnegau                                 | 3.W35  | 01:30:31 |

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| Pos. | Name           | Verein/Ort          | Pl./AK | Zeit     |
|------|----------------|---------------------|--------|----------|
| 50.  | Merkel, Ingrid | 1.FC Kaiserslautern | 1.W50  | 01:32:08 |
| 51.  | Schnier, Heike | LT Hemsbach         | 3.W45  | 01:39:10 |

## 9. Heiligabendlauf (Nohfelden) am 24.12.2010

### 42.195 Kilometer

| Pos. | Name                      | Verein/Ort                    | Pl./AK | Zeit     |
|------|---------------------------|-------------------------------|--------|----------|
| 1.   | Strosny, Rene             | Bautzener LV                  | 1.M35  | 03:20:21 |
| 2.   | Koch, Rainer              | LG Würzburg                   | 1.M30  | 03:24:01 |
| 3.   | Moog, Paul                | Noblesse Thermosecur          | 1.M40  | 03:25:19 |
| 4.   | Hauch, Rainer             | LSV Basel                     | 2.M40  | 03:40:50 |
| 5.   | Hauch, Wolfgang           | LSV Basel                     | 1.M45  | 03:50:41 |
| 6.   | Müller, Thorsten          | Udenheim                      | 2.M30  | 03:53:07 |
| 7.   | Schmiade, Frank           | Sprithessel Erfelden          | 3.M40  | 04:06:54 |
| 8.   | Klein, Thorsten           | Ausdauerteam.de               | 3.M30  | 04:10:30 |
| 9.   | Defaux, Pierre            | St. Ingbert                   | 4.M30  | 04:12:28 |
| 10.  | Schank, Steffen           | Frankfurt                     | 5.M30  | 04:16:01 |
| 11.  | Hildebrand, Carmen        | SSC Hanau-Rodenbach           | 1.W40  | 04:16:46 |
| 12.  | Leyendecker, Rainer       | RSLC Holzkirchen (Oberbayern) | 1.M50  | 04:21:30 |
| 13.  | Rudolph, Martin           | LG DUV                        | 2.M45  | 04:26:19 |
| 14.  | Schmuck, Tobias S.        | Team Erdinger Alkoholfrei     | 6.M30  | 04:39:51 |
| 15.  | Weiss, Christophe         |                               | 4.M40  | 04:42:35 |
| 16.  | Hofmann, Friedhelm        | DLR Simmern                   | 3.M45  | 04:43:27 |
| 17.  | Busche, Manfred           | SV Habach                     | 4.M45  | 04:50:11 |
| 18.  | Justen, Rainer            | SG Stern Sindelfingen         | 5.M45  | 04:50:51 |
| 19.  | Krieg, Stefanie           | LG MuLi                       | 1.W35  | 04:52:52 |
| 20.  | Rickel, Thorsten          | LG MuLi                       | 2.M35  | 04:52:52 |
| 21.  | Zechner, Manfred          | F.d. Liebe                    | 2.M50  | 04:57:05 |
| 22.  | Speer, Rudi               | TV Offenbach-Hundheim         | 1.M55  | 04:57:58 |
| 23.  | Kreischer, Joachim        | TV Beckingen                  | 3.M50  | 04:59:26 |
| 24.  | Marton, Petra             | LG DUV                        | 2.W40  | 05:02:55 |
| 25.  | Wagenblatt, Bertram       | TSV 05 Rot                    | 4.M50  | 05:02:57 |
| 26.  | Ulmschneider, Klaus-Peter | 100 Marathon Club             | 6.M45  | 05:08:48 |
| 27.  | Koch, Uwe                 | TSG Bad König                 | 7.M45  | 05:08:48 |
| 28.  | Dietz, Martin             | LTF Köllertal                 | 5.M50  | 05:10:31 |
| 29.  | Liersch, Michael          | RSC Monte Kali Neuhof         | 5.M40  | 05:23:22 |
| 30.  | Neumann, KLaus            | 100 Marathon Club             | 2.M55  | 05:24:24 |
| 31.  | Petermann, Stefan         | LSF Münster                   | 6.M40  | 05:24:24 |
| 32.  | Ehrenberger, Dieter       | LT Hemsbach                   | 8.M45  | 05:25:05 |
| 33.  | Schlüter, Eva             | 100 Marathon Club             | 3.W40  | 05:30:53 |
| 34.  | Schlüter, Gabriel         | 100 Marathon Club             | 1.M60  | 05:30:54 |
| 35.  | Weiß, Thomas-Teddy        | LT Hemsbach                   | 9.M45  | 05:46:37 |
| 36.  | Bracht, Gerhard           | EK Schwaikheim                | 2.M60  | 06:10:15 |
| 37.  | Feller, Franz             | LTF Marpingen                 | 1.M70  | 06:45:24 |
| 38.  | Striebinger, Ute          | LT Spiridon Mannheim          | 1.W55  | 07:28:30 |