

40. Saaraltarmlauf des LSG Saarlouis (Saarlouis) am 29.09.2019

5 Kilometer

Pos.	Name	Verein/Ort	Pl./AK	Zeit
1.	Schumacher, Marc	LC Rehlingen	1.MU18	00:17:16
2.	Bach, Christoph	TV Ludweiler	1.M35	00:17:19
3.	Klasen, Simon	LC Rehlingen	1.MU20	00:17:45
4.	MÃ¼ller, Matthias	LSG Sbr.--Sulzbachtal	1.M45	00:17:57
5.	Welter, Nils	Â	1.M20	00:18:12
6.	Lutz, Rainer	LSG Schmelz-HÃ¼ttersdorf	1.M40	00:18:23
7.	Weicherding, Jens	LTF Marpingen	2.M45	00:18:43
8.	Trampert, Uwe	LSG Sbr.-Sulzbachtal	3.M45	00:18:53
9.	Wirbel, Hannes	Â	2.M20	00:19:07
10.	Franz, Patrick	TV Ludweiler	2.M40	00:19:09
11.	Zehfeld, Lennart	LC Rehlingen	1.MU16	00:19:17
12.	Greiner, Sascha	TRIATHLON JÃ¤gersburg	4.M45	00:19:26
13.	Flierl, Benedikt	LC VÃ¶lklingen	3.M20	00:19:48
14.	Klasen, Jonas	LC Rehlingen	2.MU18	00:20:12
15.	MÃ¼ller, Christopher	Â	4.M20	00:20:15
16.	Alshekaki, Sami	LC Rehlingen	3.MU18	00:20:20
17.	Nelz, Christoph	Friedrichsthal	5.M45	00:20:21
18.	Wagner, Angelo	SaarbrÃ¼cken	2.M35	00:20:22
19.	Welker, Sascha	Benefizteam 42x42,195	3.M35	00:20:32
20.	MÃ¼ller, Maike	Grojos LTF Elversberg	1.W20	00:20:33
21.	Agostini, Lucca	TV Ludweiler	1.MU14	00:20:37
22.	Walerus, Robert	LC VÃ¶lklingen	3.M40	00:20:41
23.	Gebel, Pascal	TV Lebach	1.M30	00:20:43
24.	Blees, Michael	LF Fremersdorf	6.M45	00:20:48
25.	Kraus, David	LC Rehlingen	4.MU18	00:20:49
26.	Brossette, Felix	LC Rehlingen	5.MU18	00:20:52
27.	GroÃ, Benjamin	Grojos LTF Elversberg	5.M20	00:20:57
28.	Hahn, Stephan	FFO Saarlouis	4.M35	00:21:02
29.	Kipper, Lisa-Maria	LSG Sbr.- Sulzbachtal	1.W30	00:21:04
30.	Biehler, Merle	LC Rehlingen	1.WU16	00:21:05
31.	HaÃler, Josef	SpVgg Mitlosheim	1.M50	00:21:32
32.	Maas, Heiko	HartfÃ¼rÃler Trail e. V.	7.M45	00:21:35
33.	Osbild, Silke	Â	1.W45	00:21:52
34.	Lonsdorfer, Christian	Â	8.M45	00:21:55
35.	Jungmann, Martin	Â	2.M30	00:21:58
36.	Will, Jakob	LG Reimsbach-Oppen	1.MU12	00:22:06
37.	Marion, Niklas	LC Rehlingen	6.MU18	00:22:11
38.	Schmidt, Thomas	SaarbrÃ¼cken	1.M55	00:22:29
39.	Presti, Sophia	TV Ludweiler	1.WU14	00:22:37
40.	Becker, Alexander	Tri-Sport Saar-Hochwald	2.MU16	00:22:41
41.	Joest, Bodo	Â	2.M55	00:22:41
42.	Brailko, Bogdan	Â	6.M20	00:22:49
43.	KÃ¶nig, Timo	LSG SaarbrÃ¼cken-Sulzbachtal	2.MU14	00:22:49
44.	Gelbe, Stephan	Â	5.M35	00:22:57
45.	Wieczorek, Mirco	PÃ¤ttlingen	7.M20	00:23:02
46.	Harig, Simon	LC Rehlingen	3.MU14	00:23:04
47.	Bastian, Bele	Â	2.W45	00:23:11
48.	FÃ¼rsterling, Lea	TV Ludweiler	2.WU16	00:23:21
49.	Schmitt, Jolina	TV Ludweiler	1.WU18	00:23:22

40. Saaraltarmlauf des LSG Saarlouis (Saarlouis) am 29.09.2019

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Pos.	Name	Verein/Ort	Pl./AK	Zeit
50.	Berrar, Oliver	LC Rehlingen	3.M55	00:23:29
51.	Haas, Eileen	LC Rehlingen	2.WU14	00:23:47
52.	Kuhn, Christian	Â	9.M45	00:23:49
53.	Zimmer, Katharina	Benefizteam 42x42,195	2.W30	00:23:55
54.	Becker, Gerda	SaatbrbrÃ¼cken	1.W60	00:24:01
55.	Nickels, Emma	LC Rehlingen	3.WU16	00:24:17
56.	Flierl, Eckhard	LC VÃ¶lklingen	4.M55	00:24:24
57.	RÃ¶del, Christoph	Â	8.M20	00:25:09
58.	Puhl, Thomas	Â	1.M60	00:25:14
59.	Marion, Simon	LC Rehlingen	7.MU18	00:25:15
60.	Alshekaki, Abdullah	LC Rehlingen	8.MU18	00:25:15
61.	Maas, Oliver	Â	2.MU20	00:25:17
62.	Bachelier, Nicolas	TV Ludweiler	9.MU18	00:25:19
63.	Lehnert, Celine	LC Rehlingen	1.WU20	00:25:21
64.	Maas, Kathrin	LC VÃ¶lklingen	3.WU14	00:25:24
65.	Lambert, Kim	TV Illingen	1.WU12	00:25:26
66.	Lambert, Martin	Â	2.M50	00:25:27
67.	Mathieu, Dorothee	LC VÃ¶lklingen	2.W60	00:25:37
68.	Hoffmann, Ann-Kathrin	LSG Schmelz-HÃ¼ttersdorf	3.W30	00:25:38
69.	Maas, Claudia	HartfÃ¼ller Trail e. V.	3.W45	00:25:38
70.	John, Eva	LSG Sbr.-Sulzbachtal	4.WU14	00:26:00
71.	Gebhard, Werner	Silvesterlauf Trier	2.M60	00:26:01
72.	Flug, Artur	Â	6.M35	00:26:09
73.	Blodau, Heinz	Silvesterlauf Trier	1.M65	00:26:11
74.	Benzkirch, Steffi	LC VÃ¶lklingen	4.W30	00:26:11
75.	Nauert, Leonie	Â	2.WU20	00:26:35
76.	Oberhuber, Sophie	Dk. Neunkirchen	5.WU14	00:26:54
77.	Bastian, Maren	Â	4.WU16	00:27:00
78.	Karrenbauer, Pascal	Â	3.M30	00:27:04
79.	Koch, Sebastian	Â	4.M30	00:27:10
80.	Polotzek, Melanie	Eppelborn	5.W30	00:27:23
81.	StÃ¶hly, Liane	TV Ludweiler	2.W20	00:27:42
82.	Nelz, Silvana	Friedrichsthal	1.W40	00:27:49
83.	Hitzelberger, Christoph	Saarlouis	10.M45	00:28:00
84.	Berger, Anna	Dk.Neunkirchen	6.WU14	00:28:01
85.	Berger, Axel	Â	3.M50	00:28:01
86.	Wirr, Ella	LG Reimsbach-Oppen	2.WU12	00:28:06
87.	Will, JÃ¶rg	LG Reimsbach-Oppen	4.M40	00:28:07
88.	Herbart, Christian	TV SLS-Beaumarais	11.M45	00:28:17
89.	Schmitz, Marc	Â	12.M45	00:28:37
90.	Schmitt, Enrica	LC VÃ¶lklingen	1.W55	00:28:39
91.	Biner, Uwe	Saarlouis	5.M55	00:28:46
92.	Minder, Annette	Silvesterlauf Trier	1.W50	00:28:47
93.	Franz, Nelson	TV Ludweiler	2.MU12	00:28:51
94.	Cavelius, Uwe	Siersburg	3.M60	00:28:53
95.	Flug, Anastasia	Â	3.W20	00:29:07
96.	John, Paula	LSG Sbr.-Sulzbachtal	5.WU16	00:29:11
97.	Meinecke, Bianca	TSV Ford Steinrausch	6.W30	00:29:36
98.	HÃ¶hn, Ralf	Â	4.M50	00:29:40

5 Kilometer

Pos.	Name	Verein/Ort	Pl./AK	Zeit
99.	Strutz, Jana	LC Rehlingen	6.WU16	00:29:44
100.	Simmet, Rebecca	LLG Wustweiler	3.WU12	00:29:44
101.	Schröder, Alisha	LC Rehlingen	7.WU16	00:29:45
102.	Weber, Franz	LC Völklingen	6.M55	00:29:57
103.	Zender, Klaus	LTF Kärlertal	1.M80	00:30:01
104.	Pummer, Tatjana	Â	2.W40	00:30:03
105.	Scherschel, Dietmar	Â	7.M55	00:30:14
106.	Hahn, Silke	Â	3.W40	00:30:19
107.	Weber, Rosi	LC Völklingen	2.W50	00:30:32
108.	Rousselange, Joachim	LG Berus	8.M55	00:30:42
109.	Hasper, Kristin	LC72 Altenkessel	3.W50	00:30:47
110.	Andre, Paul	TV Griesborn	4.M60	00:30:47
111.	Groß, Peter	Â	9.M55	00:30:50
112.	Groß, Verena	Â	2.W55	00:30:50
113.	Blees, Mandy	TV Rehlingen	4.W20	00:31:00
114.	Pallier, Michaela	LC Rehlingen	4.W45	00:31:05
115.	Sopala, Nicole	Saarlouis	5.W20	00:31:06
116.	Willems, Gertrud	Stahl Vital	3.W606	00:31:07
117.	Blees, Heike	TV Rehlingen	3.W55	00:31:09
118.	Mavruk, Ali	Â	7.M35	00:31:35
119.	Scherschel, Ursula	Â	4.W50	00:32:10
120.	Müller, Gabi	Völklingen	1.W65	00:33:50
121.	Renno, Susanne	Saarbrücken	4.W40	00:34:24
122.	Desilva, Jasper	Saarbrücken	8.M35	00:34:24
123.	Lux, Stefan	Â	10.M55	00:34:24
124.	Hick, Gisi	LC Völklingen	2.W65	00:34:47
125.	Kettenbaum, Alexandra	Â	7.W30	00:37:30
126.	Werth, Christine	TV Rockershausen	5.W40	00:38:19
127.	Schmitz, Christine	Â	5.W45	00:41:56

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10 Kilometer

Pos.	Name	Verein/Ort	Pl./AK	Zeit
1.	Bailla, Mbarek	ABA	1.M40	00:36:49
2.	Jacob, Torsten	SV Saar 05 Saarbrücken	1.M30	00:37:36
3.	Leibrock, Bengt	Ä	2.M30	00:38:04
4.	Lorenz, Eric	Grojos LTF Elversberg	1.M45	00:38:38
5.	Kiefer, Jochen	TV Elm	1.M20	00:38:46
6.	Holweck, Andreas	LLG Wustweiler	2.M40	00:38:53
7.	Müller, Pascal	LSG Schmelz-Hattersdorf	2.M20	00:38:57
8.	Schmacher, Martina	LC Rehlingen	1.W40	00:38:57
9.	Radke, Andy	LTF Theeltal	3.M40	00:39:28
10.	Kammer, Sascha	TV Lebach	1.M35	00:39:48
11.	Ritter, Stephan	Run 4 Fun Balingen	1.M50	00:40:25
12.	Sander-Dellbrügge, Till	TV Rodenbach	3.M30	00:40:48
13.	Stras, Marion	LTF Theeltal	2.W40	00:40:53
14.	Schmitt, Tanja	LC Rehlingen	1.W30	00:41:06
15.	Dietrich, Jörg	LC Rehlingen	1.M65	00:41:47
16.	Bennoit, Markus	Riegelsberg	2.M45	00:42:16
17.	Thiry, Gerd	Bisttal-Runners	1.M60	00:42:38
18.	Häther, Franz	LG Run N Ride Bexbach	2.M65	00:42:53
19.	Saar, Volker	Ä	2.M50	00:43:26
20.	Krämer, Markus	LLG Wustweiler	3.M50	00:43:34
21.	Pallier, Jens	LC Rehlingen	4.M50	00:43:39
22.	Häbner, Torsten	VfR Otzenhausen	2.M35	00:43:42
23.	Schichtel, Markus	SV Dären-Bedersdorf	4.M40	00:43:42
24.	Hingsammer, Martin	LSG Saarlouis	5.M50	00:43:48
25.	Gränert, Christian	Ä	3.M20	00:43:53
26.	Bopp, Bettina	LC Rehlingen	1.W50	00:43:55
27.	Schwambach, Armin	RUN 4 FUN Balingen	6.M50	00:44:25
28.	Weber, Tom	Ä	1.M55	00:44:32
29.	Klein, Andreas	LSG Schmelz-Hattersdorf	2.M55	00:44:35
30.	Frego, Hartmut	TV Limbach	3.M55	00:44:42
31.	Blank, Michael	LC Rehlingen	4.M55	00:44:45
32.	Baldauf, Peter	TV Däppenweiler	2.M60	00:44:50
33.	Weber, Marc	Saarlouis	3.M35	00:45:15
34.	Bommer, Anne	Lindscheid Runners	2.W50	00:45:24
35.	Wendels, Andreas	Ä	5.M55	00:45:24
36.	Squillace, Antonio	Ä	3.M45	00:45:40
37.	Kettenbaum, Marius	Ä	4.M30	00:45:52
38.	Jakobs, Hans-Günter	Bisttal-Runners	1.M70	00:46:20
39.	Paoli, Vincenzo	Riegelsberg	5.M40	00:46:28
40.	Spang, Reinhard	Ä	6.M55	00:46:47
41.	Spurk, Dieter	LSG Schmelz-Hattersdorf	3.M65	00:46:50
42.	Braun, Jörg	TV Limbach	7.M50	00:46:57
43.	Kipper, Lisa-Maria	LSG Sbr.- Sulzbachtal	2.W30	00:47:09
44.	Cuan Orozko, Nicolas	Wustweiler	4.M20	00:47:21
45.	Latz, Björn	Ä	6.M40	00:47:44
46.	Staub, Andreas	FC Fenne	3.M606	00:47:44
47.	Averbeck, Sabine	Ä	1.W45	00:47:55
48.	Klees, Julia	LSG Sbr-Sulzbachtal	1.W20	00:47:56
49.	Zubiller, Stefan	LT Rennschnecke Dudweiler	7.M40	00:47:57

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Pos.	Name	Verein/Ort	Pl./AK	Zeit
50.	Berdin, Heike	LSG Saarlouis	3.W50	00:48:09
51.	Casstor, Frank	TV Saarwellingen	8.M50	00:48:17
52.	Berger, Axel	LC Rehlingen	9.M50	00:48:37
53.	Bommer, Jana	Lindscheid Runners	2.W20	00:48:47
54.	Holz, Elisa	LSG Schmelz-HÄttersdorf	3.W20	00:48:48
55.	Stras, Viola	LTF Theeltal	2.W45	00:48:52
56.	Kern, Florian	Â	5.M20	00:48:53
57.	Mossal, Klaus-Peter	Grojos LTF Elversberg	4.M606	00:48:56
58.	Rogin, Peter	LT Rennschnecke Dudweiler	10.M50	00:48:56
59.	KÄhler, Sabine	SV Saar 05 SaarbrÄcken	3.W45	00:48:58
60.	Schimscha, Jasmin	VÄlklingen	4.W20	00:49:01
61.	Lonsdorfer, Patrick	TuS Beaumarais	4.M45	00:49:06
62.	Hubrig, Carsten	TuS Beaumarais	4.M35	00:49:27
63.	Dupin, Thierry	LAG SaarbrÄcken	11.M50	00:49:33
64.	Reinert, Daniel	Â	8.M40	00:49:51
65.	Kaufmann, Joachim	Â	12.M50	00:49:53
66.	MÄller, Werner	LG Reimsbach-Oppen	5.M60	00:49:57
67.	Croon, Claire	LC Rehlingen	4.W50	00:50:21
68.	Maurer, Heinz-Juergen	Â	7.M55	00:51:13
69.	Diwo, Frank	Â	5.M45	00:51:54
70.	Fixemer, Natascha	LC Rehlingen	3.W40	00:52:15
71.	Leinenbach, Herbert	SV Habach	4.M65	00:52:15
72.	KrÄmer, JÄrg	Saarlouis	9.M40	00:52:25
73.	Bartholome, Maik	Â	5.M35	00:52:29
74.	MÄller, Martin Lars	DJK Dudweiler	6.M45	00:52:32
75.	Galler, Petra	LG Run N Ride Bexbach	5.W50	00:52:46
76.	Rupp, Christian	TV Schwalbach	10.M40	00:52:53
77.	Klein, Christoph	LC Rehlingen	13.M50	00:53:00
78.	Augustin, Stephan	Bisttal-Runners	7.M45	00:53:51
79.	MÄller, Sigrid	LG Reimsbach-Oppen	1.W606	00:54:05
80.	Salzer, Matthias	Â	6.M20	00:54:11
81.	Schwenzer, Michelle	Â	3.W30	00:54:11
82.	MÄsta, Pascal	Merzig	7.M20	00:54:33
83.	KrÄmer-JÄckel, Carolin	Â	4.W40	00:54:39
84.	Ruffing, Veronika	LG Run N Ride Bexbach	1.W55	00:54:47
85.	Koppey, Benedikt	VÄlklingen	5.M30	00:56:12
86.	Helmer, Rainer	Â	8.M45	00:56:15
87.	Lorber, Wilma	Saarlouis	6.W50	00:56:15
88.	StÄrmer, Sascha	Â	6.M30	00:56:39
89.	Meinecke, Markus	Â	11.M40	00:58:00
90.	MÄrsdorf, Thomas	Â	9.M45	00:58:00
91.	Koch, Marietta	Â	5.W40	00:58:21
92.	Gergen, Thomas	HC Dillingen-Diefflen	14.M50	00:58:45
93.	Kreuzahler, Thomas	Grundschule Gisingen	10.M45	00:59:01
94.	MÄller, Inger	DJK Dudweiler	6.W40	00:59:02
95.	Jerzenbeck, Sandra	Â	1.W35	00:59:44
96.	Altmeyer, Sandra	TV Elm	4.W45	00:59:56
97.	Meiser, Markus	LTF Theeltal	15.M50	01:00:34
98.	Bastong, Nicole	Wallerfangen	2.W35	01:00:43

10 Kilometer

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99.	Calcagno, Gaetano	LSG Saarbrücken-Sulzbachtal	2.M70	01:00:48
100.	Hettinger, Sandra	Ä	7.W40	01:01:09
101.	Mellmann, Gisela	SV Saar 05 Saarbrücken	1.W70	01:01:42
102.	Kirschweng, Lukas	Wadgassen	8.M20	01:02:53
103.	Schirra, Rebecca	Bisttal-Runners	5.W20	01:02:53
104.	Hauck, Miriam	Ä	6.W20	01:02:53
105.	Horras, Susanne	LTF Theeltal	8.W40	01:03:16
106.	Horras, Mike	LTF Theeltal	11.M45	01:03:16
107.	Dellbrügge, Anne Karin	TV Rodenbach	7.W20	01:04:45
108.	Störmer, Tatjana	Ä	3.W35	01:04:54
109.	Weitner, Sandra	Saarlouis	9.W40	01:05:06
110.	Lion, Birgit	Ä	7.W50	01:08:31
111.	Heid, Christina	TV Elm	8.W20	01:11:00
112.	Dörfler, Anke	TV Elm	8.W50	01:12:14
113.	König, Thomas	LT Mertesdorf 2001 e.V.	16.M50	01:17:48
114.	Knop, Silke	LT Mertesdorf 2001 e.V.	5.W45	01:17:48