

2000 Meter

| Pos. | Name | Verein/Ort | Pl./AK | Zeit |
|-------------|-----------------------------------|-------------------------|---------------|-------------|
| 1. | Libens-Thein, Maxine | LC Rehlingen | 1.W13 | 0:06:38,66 |
| 2. | Grundhöfer, Juri | LSG Sbr.-Sulzbachtal | 1.M13 | 0:07:04,46 |
| 3. | Bach, Philipp | TV Ludweiler | 2.M13 | 0:07:11,62 |
| 4. | Winter, Adrian | LSG Sbr.-Sulzbachtal | 1.M12 | 0:07:14,64 |
| 5. | Spaniol, Eliah | SV GO! Saar 05 | 3.M13 | 0:07:18,95 |
| 6. | Rupp, Paul | LSG Sbr.-Sulzbachtal | 4.M13 | 0:07:21,12 |
| 7. | Pilz, Kalle | LSG Sbr.-Sulzbachtal | 2.M12 | 0:07:32,10 |
| 8. | Lotz, Julian | SV GO! Saar 05 | 3.M12 | 0:07:32,38 |
| 9. | Barra, Elias | LC Rehlingen | 5.M13 | 0:07:32,48 |
| 10. | Maßong, Franziska | LC Rehlingen | 1.W12 | 0:07:32,64 |
| 11. | Eigner, David | LC Rehlingen | 4.M12 | 0:07:45,10 |
| 12. | Stein, Anton | ATSV Saarbrücken | 5.M12 | 0:07:46,79 |
| 13. | Krampe, David | LSG Sbr.-Sulzbachtal | 6.M13 | 0:07:48,22 |
| 14. | Postawa, Luisa | LG Reimsbach-Oppen | 2.W12 | 0:07:51,80 |
| 15. | Feis, Mia | TV St. Wendel | 2.W13 | 0:07:52,90 |
| 16. | Schuster, Selina | LA Team Saar | 3.W12 | 0:07:54,87 |
| 17. | Keßler, Leonard | LG Saar 70 | 7.M13 | 0:07:54,95 |
| 18. | Bost, Maria | LC Rehlingen | 3.W13 | 0:07:55,50 |
| 19. | Bost, Sophie | LC Rehlingen | 4.W13 | 0:07:56,57 |
| 20. | Kemp, Philipp | LSG Sbr.-Sulzbachtal | 6.M12 | 0:07:59,12 |
| 21. | Kujath, Emma | TV St. Wendel | 5.W13 | 0:08:10,54 |
| 22. | Strzyzewski, Emilia | LC Rehlingen | 1.W14 | 0:08:10,99 |
| 23. | Schafheutle, Clara | SV GO! Saar 05 | 6.W13 | 0:08:13,44 |
| 24. | Schneider, Jana | LA Team Saar | 4.W12 | 0:08:15,91 |
| 25. | Santos, Yann | ATSV Saarbrücken | 7.M12 | 0:08:15,93 |
| 26. | Rückel, Maximilian | ATSV Saarbrücken | 8.M12 | 0:08:18,49 |
| 27. | Hans, Marlene | TV Homburg | 2.W14 | 0:08:19,76 |
| 28. | Oldenburg, Iuda Liv Sophie | SV GO! Saar 05 | 7.W13 | 0:08:20,02 |
| 29. | Klein, Amelie | LC Rehlingen | 8.W13 | 0:08:21,25 |
| 30. | Schmieder, Ella | LC Rehlingen | 5.W12 | 0:08:22,84 |
| 31. | Lion, Rémy | ATSV Saarbrücken | 9.M12 | 0:08:24,39 |
| 32. | Pastorcic, Isabella | Tri-Sport/Saar-Hochwald | 3.W14 | 0:08:26,10 |
| 33. | Dörr, Jette | TV Homburg | 9.W13 | 0:08:27,64 |
| 34. | Fries, Klara | LG Saar 70 | 10.W13 | 0:08:29,38 |
| 35. | Römeling, Nele | LG Saar 70 | 4.W14 | 0:08:31,00 |
| 36. | Ferner, Lucas | LC Rehlingen | 10.M12 | 0:08:31,01 |
| 37. | Jungmann, Elias | LC Rehlingen | 11.M12 | 0:08:32,20 |
| 38. | Kirsch de Fernandez, Clara Sophie | LC Rehlingen | 5.W14 | 0:08:32,47 |
| 39. | Schmitt, Katharina Emma | LSG Schmelz-Hüttersdorf | 6.W14 | 0:08:39,00 |
| 40. | Leinen, Jenny | LG Berus | 6.W12 | 0:08:39,22 |
| 41. | Aksoy, Nuri | LSG Sbr.-Sulzbachtal | 12.M12 | 0:08:39,47 |
| 42. | Berton, Mathieu | LG Berus | 13.M12 | 0:08:50,05 |
| 43. | Dandl, Katharina | LC Rehlingen | 7.W14 | 0:08:53,00 |
| 44. | Weis, Julian | LC Rehlingen | 8.M13 | 0:09:05,96 |
| 45. | Paval, Maia | LC Rehlingen | 7.W12 | 0:09:10,33 |
| 46. | Kraemer, Aaron | LC Rehlingen | 9.M13 | 0:09:11,87 |
| 47. | Frischbuter, Kira Sofia | Tri-Sport/Saar-Hochwald | 8.W12 | 0:09:29,18 |
| 48. | Gallo, Fabian | ATSV Saarbrücken | 10.M13 | 0:10:03,05 |
| 49. | Barra, Laura | LC Rehlingen | 9.W12 | 0:10:10,05 |

2000 Meter

| Pos. | Name | Verein/Ort | Pl./AK | Zeit |
|-------------|------------------|-------------------|---------------|-------------|
| 50. | Weis, Maximilian | LC Rehlingen | 11.M13 | 0:10:48,77 |
| 999. | Hadegger, Maelle | LAC Pirmasens | 99.W14AK | 0:07:46,95 |
| 999. | Hirtz, Elias | LAC Pirmasens | 99.M12AK | 0:07:41,93 |

3000 Meter

| Pos. | Name | Verein/Ort | Pl./AK | Zeit |
|-------------|-----------------------|-------------------------|---------------|-------------|
| 1. | Braun, Timo | TV Homburg | 1.MU18 | 0:09:26,37 |
| 2. | Schmitt, Mateo | SV GO! Saar 05 | 2.MU18 | 0:09:38,17 |
| 3. | Heindl, Devin | TV Homburg | 3.MU18 | 0:09:49,87 |
| 4. | Amelot, Marten | SV GO! Saar 05 | 4.MU18 | 0:09:53,73 |
| 5. | Bach, Johannes | TV Ludweiler | 1.M14 | 0:10:08,13 |
| 6. | Bach, Johannes | TV Ludweiler | 1.M14 | 0:10:08,13 |
| 7. | Farhig, Jonas | SV GO! Saar 05 | 5.MU18 | 0:10:15,59 |
| 8. | Lauer, Nils | Tri-Sport/Saar-Hochwald | 6.MU18 | 0:10:29,19 |
| 9. | Grewelinger, Joris | SV GO! Saar 05 | 7.MU18 | 0:10:41,24 |
| 10. | Krieger, Emely | LC Rehlingen | 1.WU20 | 0:10:46,18 |
| 11. | Heinz, Paula | LA Team Saar | 2.WU20 | 0:11:11,31 |
| 12. | Moskalenskyi, Yaromiy | SV GO! Saar 05 | 1.M15 | 0:11:11,87 |
| 13. | Moskalenskyi, Yaromiy | SV GO! Saar 05 | 1.M15 | 0:11:11,87 |
| 14. | Eis, Lisa | SV GO! Saar 05 | 1.W15 | 0:11:14,22 |
| 15. | Berton, Clement | LG Berus | 2.M14 | 0:11:37,84 |
| 16. | Berton, Clement | LG Berus | 2.M14 | 0:11:37,84 |
| 17. | Irsch, Hanna | LSG Schmelz-Hüttersdorf | 3.WU20 | 0:12:02,23 |
| 18. | Zöller, Teresa | Tri-Sport/Saar-Hochwald | 1.WU18 | 0:12:14,67 |
| 19. | Chadid, Yasmin | LC Rehlingen | 2.WU18 | 0:12:21,87 |
| 20. | Koch, Isabella | LSG Schmelz-Hüttersdorf | 4.WU20 | 0:12:23,16 |
| 21. | Aksoy, Cem | ATSV Saarbrücken | 2.M15 | 0:12:33,91 |
| 22. | Aksoy, Cem | LSG Sbr.-Sulzbachtal | 2.M15 | 0:12:33,91 |

5 Kilometer

| Pos. | Name | Verein/Ort | PI./AK | Zeit |
|-------------|---------------|-------------------|---------------|-------------|
| 1. | Hensgen, Abie | SV GO! Saar 05 | 1.MU20 | 0:16:20,30 |
| 2. | Kalla, Elias | ATSV Saarbrücken | 2.MU20 | 0:22:21,85 |

10 Kilometer

| Pos. | Name | Verein/Ort | Pl./AK | Zeit |
|-------------|--------------------|--------------------------------|---------------|-------------|
| 1. | Bock, Alexander | LC Rehlingen | 1.M | 0:32:42,36 |
| 2. | Stief, Philipp | LC Rehlingen | 2.M | 0:32:50,42 |
| 3. | Peter, Joshua | LC Rehlingen | 3.M | 0:34:58,84 |
| 4. | Jacob, Torsten | SV GO! Saar 05 | 1.M40 | 0:35:41,06 |
| 5. | Koch, Thomas | LC Rehlingen | 2.M40 | 0:36:14,72 |
| 6. | Bach, Christoph | TV Ludweiler | 3.M40 | 0:37:48,70 |
| 7. | Müller, Matthias | LSG Sbr.-Sulzbachtal | 1.M50 | 0:38:00,70 |
| 8. | Hammler, René | SV GO! Saar 05 | 4.M | 0:39:31,24 |
| 9. | Harig, Stefan | Grojos LTF Elversberg | 1.M55 | 0:39:54,44 |
| 10. | Sanwald, Lea | LV Merzig | 1.W | 0:40:08,65 |
| 11. | Huckert, Maike | Grojos LTF Elversberg | 2.W | 0:40:13,65 |
| 12. | Squillace, Antonio | LC Rehlingen | 2.M55 | 0:40:51,64 |
| 13. | Leibrock, Bengt | LLG Wustweiler | 4.M40 | 0:41:13,15 |
| 14. | Bernabeu, Pedro | SV GO! Saar 05 | 2.M50 | 0:41:18,66 |
| 15. | Mosatt, Baraa | LV Merzig | 1.M35 | 0:42:12,15 |
| 16. | Degner, Christian | SV GO! Saar 05 | 3.M55 | 0:42:19,51 |
| 17. | Anschütz, Jonathan | LLG Wustweiler | 5.M | 0:42:50,14 |
| 18. | Maurer, Timo | LTF Theeltal | 4.M55 | 0:43:00,48 |
| 19. | Ostheimer, Volker | VfA Neunkirchen | 5.M55 | 0:43:11,13 |
| 20. | Nieweling, Stefan | Grojos LTF Elversberg | 1.M60 | 0:44:47,57 |
| 21. | Riehm, Helmut | LSG Schmelz-Hüttersdorf | 6.M55 | 0:45:36,55 |
| 22. | Braß, Knur | LTF Theeltal | 7.M55 | 0:46:17,26 |
| 23. | Kronberg, Sarah | LTF Theeltal | 1.W35 | 0:46:33,53 |
| 24. | Kron, Michael | LTF Theeltal | 8.M55 | 0:47:48,22 |
| 25. | Csepregi, Tibor | LAG Saarbrücken | 2.M60 | 0:50:11,49 |
| 26. | Dietz, Martin | LTF Köllertal | 1.M65 | 0:50:33,24 |
| 27. | Hübner, Torsten | VfR Alemannia 1921 Otzenhausen | 1.M45 | 0:50:37,02 |
| 28. | Huether, Franz | TV 1886 Bexbach | 1.M70 | 0:50:58,89 |
| 29. | Alt, Axel | TV Lebach | 9.M55 | 0:54:04,90 |
| 30. | Michely, Angelika | LTF Theeltal | 2.W35 | 0:54:10,99 |
| 31. | Celette, Gabriele | LC Rehlingen | 1.W65 | 0:54:15,07 |
| 32. | Janke, Dietmar | LC Rehlingen | 2.M70 | 0:55:22,70 |
| 33. | Poth, Bernd | LTF Theeltal | 10.M55 | 0:56:34,43 |
| 34. | Baldauf, Peter | TV Düppenweiler | 2.M65 | 0:58:01,66 |
| 35. | Zipfler, Werner | LSG Schmelz-Hüttersdorf | 3.M65 | 1:03:19,28 |
| 36. | Kleber, Bernhard | LV Merzig | 3.M70 | 1:05:03,49 |
| 37. | Kapp, Karin | TV Lebach | 1.W70 | 1:05:57,78 |