

## 10 Kilometer

| Pos. | Name                    | Verein/Ort                               | Pl./AK | Zeit      |
|------|-------------------------|------------------------------------------|--------|-----------|
| 1.   | Tesfamariam, Selama     |                                          | 1.M20  | 0:31:56,2 |
| 2.   | Holzmann, Tom           | LLG Wonnegau                             | 2.M20  | 0:32:59,2 |
| 3.   | Rahm, Max               | LC Donnersberg                           | 3.M20  | 0:33:00,9 |
| 4.   | Kries, Maximilian       | LLG Landstuhl                            | 4.M20  | 0:33:21,6 |
| 5.   | Kirschbaum, Max         | ASICSFrontrunner/LG Ohmbachsee           | 1.M30  | 0:34:03,2 |
| 6.   | Fink, Leander           | TV Alzey                                 | 1.MU20 | 0:34:30,2 |
| 7.   | Barnsteiner, Alexander  | LLG Landstuhl                            | 1.M45  | 0:35:29,3 |
| 8.   | Westerkamp, Michael     | 1. FC Kaiserslautern                     | 2.M30  | 0:35:33,0 |
| 9.   | Janzer, Jonas           | 1. FC Kaiserslautern                     | 3.M30  | 0:35:38,6 |
| 10.  | Zaun, Marvin            | TuS Saulheim                             | 2.MU20 | 0:36:12,3 |
| 11.  | Wingerter, Sascha       |                                          | 4.M30  | 0:36:15,9 |
| 12.  | Fimpel, Stefan          |                                          | 5.M20  | 0:36:17,5 |
| 13.  | Kaßel, Johannes         | RC Pfälzerwald                           | 6.M20  | 0:36:19,5 |
| 14.  | Smith, Alec             |                                          | 7.M20  | 0:36:46,1 |
| 15.  | Max, David              | Steinwenden                              | 1.M40  | 0:36:59,8 |
| 16.  | Ziehmer, Jannick        | Kindsbach                                | 3.MU20 | 0:37:04,4 |
| 17.  | Eppelsheimer, Jan       | TV Alzey                                 | 8.M20  | 0:37:09,1 |
| 18.  | Reuter, Torsten         | mudMACHINE                               | 1.M35  | 0:37:11,3 |
| 19.  | Andes, Matthias         | 1. FC Kaiserslautern                     | 5.M30  | 0:37:13,4 |
| 20.  | Speicher, Thomas        | LTF Theeltal                             | 2.M35  | 0:37:14,7 |
| 21.  | Harig, Stefan           | Grojos LTF Elversberg                    | 2.M45  | 0:37:25,1 |
| 22.  | Schwarm, Ralf           | TV Rodenbach                             | 3.M45  | 0:37:34,2 |
| 23.  | Sander-Dellbrügge, Till | TV Rodenbach                             | 6.M30  | 0:37:34,9 |
| 24.  | Rabe, Dwight            | Ramstein-Miesenbach                      | 3.M35  | 0:37:39,0 |
| 25.  | Blankenfuland, Daniel   |                                          | 2.M40  | 0:37:44,7 |
| 26.  | Drabold, Matthias       | LC Haßloch                               | 7.M30  | 0:37:45,4 |
| 27.  | Williams, Daniel        | LLG Landstuhl                            | 8.M30  | 0:37:46,7 |
| 28.  | Hooß, Jörg              | LTF Marpingen                            | 1.M55  | 0:37:48,7 |
| 29.  | Balzulat, Clemens       | TuS Otterbach                            | 4.MU20 | 0:38:17,0 |
| 30.  | Spurzem, Oliver         | FINISH STRONG Coaching Germany           | 3.M40  | 0:38:32,5 |
| 31.  | Piro, Dennis            | tritronicteam St. Wendel                 | 9.M30  | 0:38:30,5 |
| 32.  | Binder, Jürgen          | TuS 06 Heltersberg                       | 2.M55  | 0:38:37,3 |
| 33.  | Postel, Martin          | Haßloch                                  | 1.M50  | 0:38:40,1 |
| 34.  | Dehaut, Thomas          | LLG Landstuhl                            | 3.M55  | 0:38:42,2 |
| 35.  | Braband, Markus         | 1. FC Kaiserslautern                     | 2.M50  | 0:38:42,7 |
| 36.  | Müller, Marco           | Schützenverein Steinwenden               | 9.M20  | 0:38:49,7 |
| 37.  | Freiberger, Hans-Willi  | LLG Wonnegau                             | 3.M50  | 0:38:52,2 |
| 38.  | Grandke, Jürgen         |                                          | 4.M50  | 0:38:54,5 |
| 39.  | Bischoff, Lukas         | 1. FC Kaiserslautern                     | 5.MU20 | 0:38:59,2 |
| 40.  | Müller, Sebastian       | BdP Pfadfinder Kaiserslautern + Ramstein | 10.M20 | 0:38:59,2 |
| 41.  | Thiel, Sergio           | Kaiserslautern                           | 10.M30 | 0:39:12,3 |
| 42.  | Pielbusch, Sebastian    | 1. FC Kaiserslautern                     | 4.M35  | 0:39:13,7 |
| 43.  | Leßmeister, Benjamin    | TuS Börsborn                             | 5.M35  | 0:39:16,4 |
| 44.  | Kuby, Jürgen            | 1. FC Kaiserslautern                     | 4.M45  | 0:39:17,0 |
| 45.  | Christmann, Sascha      | LC Donnersberg                           | 4.M40  | 0:39:25,6 |
| 46.  | Stabel, Günther         | 1. FC Kaiserslautern                     | 5.M40  | 0:39:28,2 |
| 47.  | Li, Weina               | SV Schlau.com Saar 05                    | 1.W35  | 0:39:26,7 |
| 48.  | Hüther, Andreas         | LG Ohmbachsee                            | 5.M45  | 0:39:28,5 |
| 49.  | Hoeffer, Wolfgang       | LC Haßloch                               | 6.M45  | 0:39:33,9 |

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| Pos. | Name               | Verein/Ort                  | Pl./AK | Zeit      |
|------|--------------------|-----------------------------|--------|-----------|
| 50.  | Boghoßian, Vincent | SV Elversberg               | 6.MU20 | 0:39:36,2 |
| 51.  | Jann, Cosimo       |                             | 11.M30 | 0:38:35,4 |
| 52.  | Walz, Christian    | SV Schallodenbach           | 11.M20 | 0:39:40,0 |
| 53.  | Kolb, Freddy       | Der Laufladen               | 4.M55  | 0:39:39,3 |
| 54.  | Starko, Vsevolod   | SC Homburg                  | 6.M40  | 0:39:44,8 |
| 55.  | Lorenz, Eric       | Grojos LTF Elversberg       | 7.M45  | 0:39:44,9 |
| 56.  | Kohler, Heike      | Grojos LTF Elversberg       | 1.W45  | 0:39:45,4 |
| 57.  | Micach, Michael    |                             | 6.M35  | 0:39:45,6 |
| 58.  | Kopp, Paul         | SV Nanzdietschweiler        | 7.MU20 | 0:39:40,3 |
| 59.  | Groch, Martin      | LG Ohmbachsee               | 8.M45  | 0:39:53,5 |
| 60.  | Schulz, Daniel     |                             | 7.M40  | 0:39:59,1 |
| 61.  | Ziemer, Martin     | TuS Glan-Münchweiler        | 7.M35  | 0:39:59,1 |
| 62.  | Fladung, Kilian    | Kindsbach                   | 12.M20 | 0:40:01,0 |
| 63.  | Beine, Maximilian  |                             | 13.M20 | 0:40:09,9 |
| 64.  | Letzel, Philipp    | 1. FC Kaiserslautern        | 14.M20 | 0:40:19,7 |
| 65.  | Böshar, Karl-Peter | TuS Glan-Münchweiler        | 5.M50  | 0:40:21,6 |
| 66.  | Soßalla, Adam      | Zweebrigger                 | 9.M45  | 0:40:18,2 |
| 67.  | Bambach, Lucas     | LLG Landstuhl               | 8.MU20 | 0:40:37,7 |
| 68.  | Gerigk, Michael    | LT Olympia Ramstein         | 5.M55  | 0:40:46,1 |
| 69.  | Walldorf, Moritz   |                             | 15.M20 | 0:40:48,5 |
| 70.  | Hüther, Jonas      | Team Nikar Heidelberg       | 16.M20 | 0:41:05,2 |
| 71.  | Höhn, Regina       | TV Rodenbach                | 2.W35  | 0:41:09,1 |
| 72.  | Forsch, Armin      | HSV                         | 10.M45 | 0:41:10,4 |
| 73.  | Rumpf, Karsten     | Niederstaufenbach           | 17.M20 | 0:41:24,2 |
| 74.  | Würz, Andreas      | Fitneß & Bewegung Pirmasens | 8.M35  | 0:41:35,2 |
| 75.  | Schirra, Silke     | Bodymed Ramstein            | 1.W50  | 0:41:37,6 |
| 76.  | Lutzi, Marc-Oliver | 1. FC Kaiserslautern        | 18.M20 | 0:41:22,4 |
| 77.  | Lang, Niklas       | RC Pfälzerwald              | 19.M20 | 0:41:39,2 |
| 78.  | Schalk, Stefan     |                             | 8.M40  | 0:41:38,1 |
| 79.  | Uryszek, Oliver    | mudMACHINE                  | 9.M40  | 0:41:42,0 |
| 80.  | Hoffmann, Jonas    | 1. FC Kaiserslautern        | 11.M45 | 0:41:39,6 |
| 81.  | Schreiber, Roland  | LC Donnersberg              | 6.M50  | 0:41:44,5 |
| 82.  | Correc, Pascal     | TV Rodenbach                | 12.M45 | 0:41:51,6 |
| 83.  | Reuland, Daniel    | 1. FC Kaiserslautern        | 9.M35  | 0:41:49,3 |
| 84.  | Spiegel, Nina      | TuS 06 Heltersberg          | 1.W20  | 0:41:49,8 |
| 85.  | Bier, Andreas      | Altenglan                   | 13.M45 | 0:41:58,2 |
| 86.  | Kranz, Rüdiger     | Bennhausen                  | 7.M50  | 0:42:05,2 |
| 87.  | Paulus, Hagen      | LG Ohmbachsee               | 6.M55  | 0:42:05,0 |
| 88.  | Schmitt, Oliver    | SV Nikar Heidelberg         | 10.M35 | 0:42:02,9 |
| 89.  | Kadel, Ralf        | VfB Reichenbach             | 14.M45 | 0:42:12,1 |
| 90.  | Laborenz, Frank    | TV Rodenbach                | 8.M50  | 0:42:14,5 |
| 91.  | Weingart, Joachim  | LG Ohmbachsee               | 1.M60  | 0:42:17,2 |
| 92.  | Heine, Ingo        | Kaiserslauterer Schwimmklub | 9.M50  | 0:42:17,7 |
| 93.  | Bambach, Katja     | LLG Landstuhl               | 2.W45  | 0:42:21,0 |
| 94.  | Huf, Mario         |                             | 10.M40 | 0:42:20,9 |
| 95.  | Spiegler, Marcel   | Queidersbach                | 11.M40 | 0:42:26,5 |
| 96.  | Ost, Hartmut       | LC Donnersberg              | 1.M65  | 0:42:24,3 |
| 97.  | Reidenbach, Jan    | Fitneß & Bewegung Pirmasens | 9.MU20 | 0:42:32,0 |
| 98.  | Lemke, Erik        | Herschweiler-Pettersheim    | 20.M20 | 0:42:20,0 |

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|------|---------------------------|-------------------------------|---------|-----------|
| 99.  | Lenhart, Joachim          | Schwedelbach                  | 15.M45  | 0:42:36,0 |
| 100. | Geib, Matthias            | SV Kottweiler-Schwanden       | 11.M35  | 0:42:32,6 |
| 101. | Wallauer, Kai             | FCB                           | 12.M40  | 0:42:39,5 |
| 102. | Maier, Markus             | Ramstein                      | 12.M30  | 0:42:53,0 |
| 103. | Grill, Volker             | 1. FC Kaiserslautern          | 10.M50  | 0:42:56,2 |
| 104. | Peterschmitt, Alfred      | TuS 06 Heltersberg            | 11.M50  | 0:43:01,9 |
| 105. | Schweitzer, Stefan        | Hang Loose Glan-Münchweiler   | 12.M35  | 0:42:48,2 |
| 106. | Haßler, Markus            |                               | 13.M35  | 0:42:54,8 |
| 107. | Spielberger, Michael      | SV Schopp                     | 14.M35  | 0:43:06,1 |
| 108. | Buschlinger, Carsten      | Vegan Runners team beveget.de | 16.M45  | 0:43:12,5 |
| 109. | Loewe, Hubert             | TV Thaleischweiler-Fröschen   | 12.M50  | 0:43:26,9 |
| 110. | Bernhard, Timo            | Team 75                       | 15.M35  | 0:43:31,2 |
| 111. | Diehl, Joachim            | Herschweiler-Pettersheim      | 13.M40  | 0:43:23,7 |
| 112. | Schmidt, Constanze        | LC Donnersberg                | 2.W20   | 0:43:28,8 |
| 113. | Ankner, Daniel            | SV-53 Rodalben                | 17.M45  | 0:43:33,3 |
| 114. | Fries, Michael            | TV Rodenbach                  | 14.M40  | 0:43:27,4 |
| 115. | Förster, Mathias          | SV Kottweiler-Schwanden       | 13.M50  | 0:43:36,2 |
| 116. | Hüther, Franz             | LG Run N Ride Bexbach         | 2.M65   | 0:43:29,0 |
| 117. | Burkhard, Mark            | SV Steinwenden                | 13.M30  | 0:43:32,4 |
| 118. | Hodapp, Norbert           | SC önsbach                    | 7.M55   | 0:43:35,5 |
| 119. | Berg, Alois               | TSG Kaiserslautern            | 3.M65   | 0:43:33,3 |
| 120. | Frego, Hartmut            | TV Limbach                    | 8.M55   | 0:43:44,3 |
| 121. | Grün, Oliver              | LG Run N Ride Bexbach         | 16.M35  | 0:43:46,9 |
| 122. | Mang, Christoph           | TV brücken                    | 17.M35  | 0:43:55,2 |
| 123. | Heil, Carsten             | LG Ohmbachsee                 | 15.M40  | 0:43:56,1 |
| 124. | Bendel, Jutta             | TuS 06 Heltersberg            | 1.W55   | 0:43:56,4 |
| 125. | Obry, Nick                | Team ERDINGER Alkoholfrei     | 18.M45  | 0:43:49,0 |
| 126. | Weymann, Marcel           | 1. FC Kaiserslautern          | 9.M55   | 0:43:56,6 |
| 127. | Herrmann, Thomas          | TV Trippstadt                 | 14.M50  | 0:43:59,8 |
| 128. | Dresen, Jörg              | LLG Wustweiler                | 19.M45  | 0:43:41,7 |
| 129. | Reske, Karl               | Barbaroßabiker                | 4.M65   | 0:44:06,5 |
| 130. | Bauser, Ribana            | LLG Landstuhl                 | 3.W45   | 0:44:09,5 |
| 131. | Bernardon, Ramon          |                               | 16.M40  | 0:44:09,6 |
| 132. | Berberich, Hans-Joachim   | LLG Landstuhl                 | 15.M50  | 0:44:10,4 |
| 133. | Klos, Karl-Heinz          | LC Donnersberg                | 5.M65   | 0:44:18,3 |
| 134. | Cronauer, Torsten         | FV Münchweiler / Rod.         | 16.M50  | 0:44:08,4 |
| 135. | Meier, Thorsten           | Fahrradladen Ramstein         | 17.M40  | 0:44:02,5 |
| 136. | Brücker, Heike            | SV Schlau.com Saar 05         | 4.W45   | 0:44:09,0 |
| 137. | Westrich, Günter          | FC Mittelbrunn                | 2.M60   | 0:44:18,9 |
| 138. | Christmann-Janzer, Janika | 1. FC Kaiserslautern          | 1.W30   | 0:44:27,9 |
| 139. | Maurer, Markus            | Bedesbach                     | 18.M35  | 0:43:57,1 |
| 140. | Lenhart, Elias            | SV Kottweiler-Schwanden       | 10.MU20 | 0:44:28,8 |
| 141. | Weber, Frank              | Erdesbach                     | 20.M45  | 0:43:49,3 |
| 142. | Stransky, Peter           | LG Ohmbachsee                 | 17.M50  | 0:44:34,9 |
| 143. | Kraft, Jan                |                               | 19.M35  | 0:44:22,8 |
| 144. | Mischler, Till            |                               | 14.M30  | 0:44:38,7 |
| 145. | Schrader, Lukas           |                               | 15.M30  | 0:44:39,3 |
| 146. | Huber, Lukas              | SV Steinwenden                | 21.M20  | 0:44:41,9 |
| 147. | Reile, Anton              | TV Rodenbach                  | 3.M60   | 0:44:46,5 |

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|------|--------------------------|----------------------------|---------|-----------|
| 148. | Herrmann, Peggy          | TuS 06 Heltersberg         | 5.W45   | 0:44:47,1 |
| 149. | Kiefer, Frank            | SV Lambsborn               | 20.M35  | 0:44:25,8 |
| 150. | Hollstein, Werner        | LC Donnersberg             | 4.M60   | 0:44:44,8 |
| 151. | Kiefer, Andreas          | Triathlon Jägersburg       | 21.M35  | 0:44:34,5 |
| 152. | Schlachter, Martin       | Ruppertsweiler             | 21.M45  | 0:44:50,3 |
| 153. | Holzmann, Ben            | LLG Wonnegau               | 22.M20  | 0:44:57,9 |
| 154. | Castro, Wilson           |                            | 22.M45  | 0:45:04,2 |
| 155. | Neblung, Katherina       | LLG Landstuhl              | 3.W35   | 0:45:12,0 |
| 156. | Müller, Michael          | Heimatverein Gerhardsbrunn | 18.M40  | 0:45:06,0 |
| 157. | Foit, Florian            |                            | 23.M20  | 0:44:53,3 |
| 158. | Drumm, Gisbert           | Blau Weiß Schalkenmehren   | 5.M60   | 0:45:20,2 |
| 159. | Scheib, Bernhard         | TV Hinterweidenthal        | 10.M55  | 0:45:12,7 |
| 160. | Riedel, Franz            | LC 72 Altenkeßel           | 18.M50  | 0:45:03,2 |
| 161. | Heil, Ulrich             | TuS Glan-Münchweiler       | 22.M35  | 0:45:19,5 |
| 162. | Franz, Katrin            | TuS Glan-Münchweiler       | 1.W40   | 0:45:26,7 |
| 163. | Mahl, Jürgen             | TuS Glan-Münchweiler       | 19.M50  | 0:45:26,2 |
| 164. | Rzehak-Rohden, Rosemarie | TSG Kaiserslautern         | 1.W60   | 0:45:44,2 |
| 165. | Dr. Temp, Arne           | Kaiserslautern             | 23.M35  | 0:45:45,3 |
| 166. | Baque, Hans              | 1. FC Kaiserslautern       | 6.M60   | 0:45:51,7 |
| 167. | Bähr, Martin             | DAV Zweibrücken            | 20.M50  | 0:45:52,1 |
| 168. | Jung, Norman             |                            | 19.M40  | 0:45:57,1 |
| 169. | Eickhoff, Maurice        | Zweibrücken                | 24.M20  | 0:45:10,3 |
| 170. | Konrad, Lars             | TSG Kaiserslautern         | 24.M35  | 0:45:22,0 |
| 171. | Leichner, Alexander      | TSG Kaiserslautern         | 16.M30  | 0:45:22,1 |
| 172. | Kohler, Jörg             | LLG Wustweiler             | 11.M55  | 0:45:58,3 |
| 173. | Schalk, Marc             |                            | 11.MU20 | 0:45:53,8 |
| 174. | Bischoff, Christian      | TuS Otterbach              | 20.M40  | 0:45:59,7 |
| 175. | Hämmerle, Cliff          | Blieskastel                | 21.M50  | 0:45:22,9 |
| 176. | Bauer, Heiner            |                            | 25.M20  | 0:45:39,5 |
| 177. | Dully, Mark              | Laufteam Pirmasens         | 21.M40  | 0:46:04,7 |
| 178. | Ambühl, Fabienne         | Laufteam Pirmasens         | 3.W20   | 0:46:04,2 |
| 179. | Hooß, Tanja              | LTF Marpingen              | 2.W50   | 0:45:51,6 |
| 180. | Geib, Udo                | TV Rodenbach               | 22.M50  | 0:46:09,4 |
| 181. | Braun, Jörg              | TV Limbach                 | 23.M50  | 0:46:09,7 |
| 182. | Braun, Daniela           | Laufschule Saarpfalz       | 2.W40   | 0:45:49,6 |
| 183. | Goebel, Martin           | FV Olympia Ramstein        | 26.M20  | 0:46:09,0 |
| 184. | Huber, Moritz            | SV Steinwenden             | 27.M20  | 0:46:11,6 |
| 185. | Wilhelm, Jens            |                            | 22.M40  | 0:46:00,6 |
| 186. | Schmich, Marie           | LLG Landstuhl              | 4.W20   | 0:45:48,0 |
| 187. | Spang, Reinhard          | Bexbach                    | 12.M55  | 0:46:14,6 |
| 188. | Sauthoff, Steffen        |                            | 24.M50  | 0:46:25,1 |
| 189. | Leonhardt, Manfred       |                            | 13.M55  | 0:46:14,3 |
| 190. | Matuschak, Alf           | LLG Wonnegau               | 14.M55  | 0:46:18,6 |
| 191. | Middelberg, Eva          | LLG Wonnegau               | 4.W35   | 0:46:19,6 |
| 192. | Schneck, Thomas          | Kaiserslautern             | 23.M45  | 0:46:20,1 |
| 193. | Walg, Andreas            | SV Rothselberg             | 24.M45  | 0:45:55,3 |
| 194. | Gaßert, Hans             | Dr. Theiß Homburg          | 15.M55  | 0:45:49,4 |
| 195. | Stahl, Frank             | TV Alsenborn               | 25.M45  | 0:46:17,6 |
| 196. | Trenz, Susanne           | SV Schlau.com Saar 05      | 3.W50   | 0:46:20,7 |

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|------|---------------------|----------------------------------|---------|-----------|
| 197. | Griasch, Helge      | 1. FC Kaiserslautern             | 16.M55  | 0:46:35,9 |
| 198. | Kauf, Christian     | SV Mackenbach                    | 25.M35  | 0:45:51,5 |
| 199. | Lutz, Annika        | LC Donnersberg                   | 5.W20   | 0:46:21,5 |
| 200. | Lilienthal, Armin   | SV Kottweiler-Schwanden          | 28.M20  | 0:46:18,1 |
| 201. | Seib, Bernd         | SV Lambsborn                     | 26.M45  | 0:46:24,6 |
| 202. | Heinz, Jonas        | SV Steinwenden                   | 29.M20  | 0:46:46,7 |
| 203. | Scherne, Michel     | SV Kottweiler-Schwanden          | 1.MU16  | 0:46:36,8 |
| 204. | Fell, Christopher   | RRT Föckelberg                   | 17.M30  | 0:46:26,3 |
| 205. | Joniks, Alexander   | SV Steinwenden                   | 18.M30  | 0:46:58,2 |
| 206. | Blinn, Marco        | Turn-Team Sickingen              | 2.MU16  | 0:47:03,1 |
| 207. | Franz, Daniel       | WiWa-KL                          | 12.MU20 | 0:47:01,8 |
| 208. | Bangert, Erik       | erba IT                          | 30.M20  | 0:46:54,6 |
| 209. | Zabanoff, Peter     | Fit in Lautern e.V.              | 25.M50  | 0:46:22,1 |
| 210. | Schön, Hans-Georg   | TB Hermersberg                   | 17.M55  | 0:47:10,2 |
| 211. | Müller, Peter       | SV Alsenborn                     | 27.M45  | 0:47:03,2 |
| 212. | Wietzel, Diana      |                                  | 6.W45   | 0:47:03,3 |
| 213. | Schuff, Luis-Lenard | Ramstein                         | 31.M20  | 0:46:47,0 |
| 214. | Neu, Christian      |                                  | 32.M20  | 0:46:27,2 |
| 215. | Serin, Ferudun      | TSG Kaiserslautern               | 26.M50  | 0:47:13,0 |
| 216. | Becker, Aljosha     |                                  | 33.M20  | 0:46:58,1 |
| 217. | Maßa, Julian        | Hauptstuhl                       | 34.M20  | 0:46:54,0 |
| 218. | Soppa, Thomas       | Bodymed Ramstein                 | 35.M20  | 0:47:15,5 |
| 219. | Hohwieler, Tanja    | SV Schlau.com Saar05 Saarbrücken | 4.W50   | 0:47:13,3 |
| 220. | Seiwerth, Helge     | Gries                            | 28.M45  | 0:47:14,1 |
| 221. | Just, Stephan       | LSC Athlon Kusel                 | 7.M60   | 0:47:16,3 |
| 222. | Marx, Christian     | 1. FC Mittelbrunn                | 19.M30  | 0:47:31,7 |
| 223. | Geib, Marco         | SV Kottweiler-Schwanden          | 23.M40  | 0:47:26,9 |
| 224. | Frank, Matthias     | SV Morlautern                    | 27.M50  | 0:47:41,0 |
| 225. | Ciba, Leon          | SV Morlautern                    | 13.MU20 | 0:47:16,2 |
| 226. | Lippert, Reinhard   | HartfüßlerTrail e.V.             | 8.M60   | 0:47:14,2 |
| 227. | Schmidt, Peter      | Laufteam Pirmasens               | 18.M55  | 0:47:40,8 |
| 228. | Kazmirsky, Egon     | SV Hauptstuhl                    | 19.M55  | 0:47:26,2 |
| 229. | Christmann, Hagen   | TUS Olsbrücken                   | 24.M40  | 0:47:34,0 |
| 230. | Lion, Michael       | PKV Bexbach                      | 29.M45  | 0:47:07,0 |
| 231. | Korinth, Andreas    | SV Mölschbach                    | 25.M40  | 0:47:34,8 |
| 232. | Mayer, Lukas        |                                  | 36.M20  | 0:47:21,3 |
| 233. | Hoffmann, Angelika  | 1. FC Kaiserslautern             | 7.W45   | 0:47:45,6 |
| 234. | Kennel, Harry       | VfB Reichenbach                  | 9.M60   | 0:47:20,8 |
| 235. | Ditscher, Ralf      | Fit in Lautern e.V.              | 26.M40  | 0:47:45,0 |
| 236. | Albrecht, Samuel    | SV Steinwenden                   | 37.M20  | 0:47:45,5 |
| 237. | Hörnlein, Mario     | Die Sonntagsl(s)äufer            | 28.M50  | 0:47:06,5 |
| 238. | Däuwel, Markus      | TSG Kaiserslautern               | 29.M50  | 0:47:47,8 |
| 239. | Schneider, Michael  | Landstuhl *Mia*                  | 27.M40  | 0:47:51,4 |
| 240. | Mertz, Thomas       | Endurance Team Pirmasens         | 20.M55  | 0:47:25,9 |
| 241. | Urschel, Bastian    | SV Nanzdietschweiler             | 38.M20  | 0:47:52,1 |
| 242. | Kolb, Dennis        |                                  | 20.M30  | 0:47:05,2 |
| 243. | Giagnorio, Aren     | Miesenbach                       | 26.M35  | 0:47:10,5 |
| 244. | Noll, Michael       | Miesau                           | 30.M50  | 0:47:45,0 |
| 245. | Wagner, Sabine      | TV Alsenborn                     | 5.W35   | 0:47:49,8 |



## 10 Kilometer

| Pos. | Name                | Verein/Ort              | Pl./AK  | Zeit      |
|------|---------------------|-------------------------|---------|-----------|
| 246. | Zoels, Bernd        | TSG Grünstadt           | 31.M50  | 0:47:36,9 |
| 247. | Schreiner, Rita     | LLG Wonnegau            | 5.W50   | 0:48:04,5 |
| 248. | Thum, Alexandra     | FV Kindsbach            | 6.W35   | 0:48:00,5 |
| 249. | Lenhardt, Ralf      | Spesbach                | 32.M50  | 0:47:56,0 |
| 250. | Hanß, Christian     | SV Kottweiler-Schwanden | 27.M35  | 0:48:06,3 |
| 251. | Schinker, Sigrid    | LLG Wonnegau            | 2.W55   | 0:48:10,2 |
| 252. | Rösler, Nicolas     | HSG KL                  | 39.M20  | 0:47:31,6 |
| 253. | Orschel, Holger     | Eppenbrunn              | 28.M40  | 0:48:00,1 |
| 254. | Mahoney, Jeramy     | Mackenbach              | 29.M40  | 0:45:33,5 |
| 255. | Haas, Matthias      | St. Julian              | 28.M35  | 0:48:08,2 |
| 256. | Rahm, Uwe           | LC Donnersberg          | 33.M50  | 0:48:25,0 |
| 257. | Westrich, Louis     | SV Kottweiler-Schwanden | 3.MU16  | 0:48:42,4 |
| 258. | Pfaff, Christian    | ASV Winnweiler          | 21.M30  | 0:48:24,1 |
| 259. | Benedum, Florian    | Mehlingen               | 29.M35  | 0:48:21,2 |
| 260. | Hirslandt, Lutz     | TuS 06 Heltersberg      | 10.M60  | 0:48:55,4 |
| 261. | Schultheiß, Thomas  | TuS Glan-Münchweiler    | 30.M40  | 0:48:46,4 |
| 262. | Molter, Eric        | TUS Schönenberg         | 30.M45  | 0:48:14,2 |
| 263. | Molter, Timo        | TUS Schönenberg         | 31.M40  | 0:48:15,2 |
| 264. | Weßiak, Constantin  | ERSC Ottobrunn          | 4.MU16  | 0:48:51,2 |
| 265. | Keller, Jannik      | Niederstaufenbach       | 40.M20  | 0:49:08,5 |
| 266. | Reh, Ulrich         | LSC Athlon Kusel        | 21.M55  | 0:49:05,3 |
| 267. | Fehrentz, Julian    | TuS Börsborn            | 14.MU20 | 0:49:04,0 |
| 268. | Häßel, Volker       | TuS Börsborn            | 11.M60  | 0:49:00,3 |
| 269. | Schmidt, Mike       | VFA Neunkirchen         | 12.M60  | 0:49:03,0 |
| 270. | van Riel, Dirk      | Kindsbach               | 34.M50  | 0:49:19,2 |
| 271. | Scheid, Joachim     | TUS Olsbrücken          | 31.M45  | 0:49:09,1 |
| 272. | Winkelmann, Steffen |                         | 22.M55  | 0:49:14,3 |
| 273. | Paulini, Nadja      | LLG Landstuhl           | 2.W30   | 0:49:00,1 |
| 274. | Lersch, Andreas     |                         | 35.M50  | 0:49:19,5 |
| 275. | Groch, Andrea       | LG Ohmbachsee           | 3.W40   | 0:49:27,6 |
| 276. | Liesenfeld, Gunter  | SV Föckelberg           | 13.M60  | 0:48:55,0 |
| 277. | Schneider, Thomas   | SV Mölschbach           | 22.M30  | 0:49:08,8 |
| 278. | Bockholt, Mareike   | 1. FC Kaiserslautern    | 3.W30   | 0:49:09,2 |
| 279. | Moser, Steffen      | TSG Wolfstein/ Roßbach  | 32.M40  | 0:49:30,1 |
| 280. | Helfen, Michael     | LG Run N Ride Bexbach   | 14.M60  | 0:49:36,2 |
| 281. | Lazar, Paul         | Laufschule Saarpfalz    | 30.M35  | 0:48:59,1 |
| 282. | Müller, Till        | Turn-Team Sickingen     | 5.MU16  | 0:49:36,9 |
| 283. | Hach, Gunther       | Laufteam Pirmasens      | 36.M50  | 0:49:07,5 |
| 284. | Fehrentz, Jonas     | TuS Börsborn            | 41.M20  | 0:49:36,0 |
| 285. | Dengel, Philipp     | SV Kottweiler-Schwanden | 42.M20  | 0:49:19,7 |
| 286. | Gabelmann, Wolfgang | Spesbach                | 23.M55  | 0:49:50,4 |
| 287. | Geibel, Thomas      | LG Brücken-Mühleck      | 37.M50  | 0:49:47,9 |
| 288. | Schneider, Marvin   | DLRG Landstuhl          | 43.M20  | 0:49:30,2 |
| 289. | Leßmeister, Hardy   | 1. FC Kaiserslautern    | 24.M55  | 0:49:55,5 |
| 290. | Leixner, Harry      | TV Rodenbach            | 15.M60  | 0:49:39,4 |
| 291. | Urschel, Günter     | SV Nanzdietschweiler    | 25.M55  | 0:49:52,0 |
| 292. | Simonis, Gerhard    | Laufteam Queidersbach   | 16.M60  | 0:50:06,1 |
| 293. | Rahm, Jürgen        | SV Schallodenbach       | 38.M50  | 0:49:42,9 |
| 294. | Jung, Michael       | Kottweiler              | 33.M40  | 0:49:42,1 |

## 10 Kilometer

| Pos. | Name                  | Verein/Ort                    | Pl./AK | Zeit      |
|------|-----------------------|-------------------------------|--------|-----------|
| 295. | Hayes, Mike           |                               | 32.M45 | 0:49:16,8 |
| 296. | Westing, Tim          |                               | 44.M20 | 0:49:16,2 |
| 297. | Kamhawi, Tobya        |                               | 23.M30 | 0:49:17,1 |
| 298. | Westrich, Andreas     | SV Kottweiler-Schwanden       | 33.M45 | 0:50:06,6 |
| 299. | Rösch, Peter          | TSG Kaiserslautern            | 26.M55 | 0:49:36,8 |
| 300. | Groß, Carl David      | SV Nanzdietschweiler          | 24.M30 | 0:50:07,3 |
| 301. | Kriesche, Jenny       |                               | 4.W30  | 0:49:37,7 |
| 302. | Stratmann, Benny      | 1. FC Kaiserslautern          | 6.MU16 | 0:50:04,2 |
| 303. | Scherne, Noah         | SV Kottweiler-Schwanden       | 45.M20 | 0:50:04,8 |
| 304. | Pöppert, Roland       | Rodenbach                     | 39.M50 | 0:49:42,1 |
| 305. | Basinger, Christopher | NIA                           | 31.M35 | 0:50:10,3 |
| 306. | Orschel, Lars         | Eppenbrunn                    | 7.MU16 | 0:50:03,7 |
| 307. | Steinkampf, Holger    | Alpha-Team Homburg            | 40.M50 | 0:50:07,2 |
| 308. | Ciba, Jürgen          | Jettenbach                    | 41.M50 | 0:50:25,8 |
| 309. | Galozi, Josef         | LLG Wonnegau                  | 34.M40 | 0:50:15,2 |
| 310. | Hinkelmann, Ralf      | Rehweiler                     | 27.M55 | 0:50:03,7 |
| 311. | Kauf, Michael         | SV Mackenbach                 | 25.M30 | 0:49:43,3 |
| 312. | Haas, Heiko           | LC Donnersberg                | 34.M45 | 0:50:18,0 |
| 313. | Schaarschmidt, Egon   | LG Ohmbachsee                 | 17.M60 | 0:50:14,4 |
| 314. | Korb, Enrico          | 1. FC Kaiserslautern          | 8.MU16 | 0:49:56,0 |
| 315. | Gehm, Gerhard         | TSG Wolfstein                 | 28.M55 | 0:49:47,4 |
| 316. | Hüther, Björn         | WASGAU Laufteam               | 26.M30 | 0:50:11,0 |
| 317. | Zehfuß, Sebastian     |                               | 32.M35 | 0:50:27,1 |
| 318. | Weyland, Markus       | Waßersportfreunde Zweibrücken | 35.M45 | 0:50:26,9 |
| 319. | Natter, Steffen       | TSG Bosenbach                 | 35.M40 | 0:50:38,7 |
| 320. | Schreiber, Manfred    | LC Donnersberg                | 42.M50 | 0:50:26,5 |
| 321. | Mayer, Thomas         | TB Hermersberg                | 33.M35 | 0:50:29,7 |
| 322. | Mages, Daniel         | SV Mackenbach                 | 46.M20 | 0:49:57,7 |
| 323. | Schnepp, Marcel       | SV Mackenbach                 | 47.M20 | 0:49:57,1 |
| 324. | Urschel, Rebecca      | SV Nanzdietschweiler          | 6.W20  | 0:50:33,5 |
| 325. | Schneider, Jörg       | SV Kottweiler-Schwanden       | 36.M45 | 0:50:23,8 |
| 326. | Dietrich, Bernd       | SV Kottweiler-Schwanden       | 43.M50 | 0:50:51,4 |
| 327. | Schweitzer, Peter     | Laufteam Pirmasens            | 37.M45 | 0:50:16,8 |
| 328. | Reis, Max             | AC Homburg                    | 9.MU16 | 0:50:11,1 |
| 329. | Reckert, Stefan       | 1. FC Kaiserslautern          | 36.M40 | 0:50:17,9 |
| 330. | Kupperroth, Bernd     | TuS 06 Heltersberg            | 29.M55 | 0:50:49,6 |
| 331. | Kaiser, Christian     | TV-Kübelberg                  | 27.M30 | 0:50:01,3 |
| 332. | Sorowka, Antje        | TuS Erfenbach                 | 8.W45  | 0:50:32,1 |
| 333. | Follmann, Peter       | Winnweiler                    | 34.M35 | 0:50:11,7 |
| 334. | Buck, Volker          | RV Queidersbach               | 38.M45 | 0:50:35,7 |
| 335. | Becker, Jennifer      | TuS 06 Heltersberg            | 5.W30  | 0:50:54,6 |
| 336. | Buser, Benjamin       | FV 1931 Geiselberg            | 35.M35 | 0:50:55,4 |
| 337. | Wolf, Andreas         | TC Weilerbach                 | 39.M45 | 0:50:39,3 |
| 338. | Münster, Jochen       |                               | 36.M35 | 0:50:40,9 |
| 339. | Faust, Günter         | TB Hermersberg                | 30.M55 | 0:50:56,4 |
| 340. | Faust, Kerstin        | TB Hermersberg                | 7.W20  | 0:50:55,7 |
| 341. | Ehrhart, Hans-Jürgen  | TB Hermersberg                | 31.M55 | 0:50:56,4 |
| 342. | Bausch, Ulrike        | 1. FC Kaiserslautern          | 6.W50  | 0:51:07,6 |
| 343. | Reiß, Thomas          | TuS Erfenbach                 | 44.M50 | 0:50:47,5 |

## 10 Kilometer

| Pos. | Name                  | Verein/Ort                               | Pl./AK  | Zeit      |
|------|-----------------------|------------------------------------------|---------|-----------|
| 344. | Erler, Ruven          | Bodymed Ramstein                         | 10.MU16 | 0:51:02,9 |
| 345. | Höh, Florian          | Laufteam Pirmasens                       | 37.M35  | 0:50:54,8 |
| 346. | Herrmann, Dirk        | 1. FC Kaiserslautern                     | 45.M50  | 0:50:51,6 |
| 347. | Gillmann, Tom         | LAZ Saarbrücken                          | 46.M50  | 0:50:55,6 |
| 348. | Herrmann, Hanna       | Kaiserslauterer Schwimmklub              | 8.W20   | 0:50:52,6 |
| 349. | Keller, Laura         | Niederstaufenbach                        | 1.WU20  | 0:50:39,3 |
| 350. | Werz, Niklas          | SV Nanzdietschweiler                     | 48.M20  | 0:51:12,6 |
| 351. | Becker, Markus        | Thaleischweiler                          | 47.M50  | 0:50:48,0 |
| 352. | Neu, Daniel           | Offenbach-Hundheim                       | 28.M30  | 0:51:05,7 |
| 353. | Reiß, Andreas         | Bodymed Ramstein                         | 48.M50  | 0:51:20,5 |
| 354. | Günther, Jochen       | Rodenbach                                | 49.M50  | 0:51:04,7 |
| 355. | Fuder, Tim            | SV Wiesenthalerhof                       | 49.M20  | 0:50:47,1 |
| 356. | Korb, Martin          | LSC Athlon Kusel                         | 37.M40  | 0:50:54,7 |
| 357. | Happersberger, Markus |                                          | 50.M20  | 0:51:15,8 |
| 358. | Minich, Johannes      | 1. FCK Running KL                        | 38.M40  | 0:51:02,9 |
| 359. | Schauseil, Michael    | LC Donnersberg                           | 50.M50  | 0:51:31,6 |
| 360. | Harrell, William      |                                          | 51.M20  | 0:50:58,5 |
| 361. | Müller, Regina        | Laufteam Pirmasens                       | 9.W20   | 0:51:38,9 |
| 362. | Braun, Ralf           | Team Eiscafe Venezia Ramstein            | 32.M55  | 0:51:38,7 |
| 363. | Rollwa, Herbert       | VfL Ostelsheim                           | 6.M65   | 0:51:36,1 |
| 364. | Göttel, Andreas       | TTV Jettenbach                           | 40.M45  | 0:51:35,6 |
| 365. | Holzmann, Uwe         | LLG Wonnegau                             | 33.M55  | 0:51:37,8 |
| 366. | Fritsche, Sabrina     | BdP Pfadfinder Kaiserslautern + Ramstein | 10.W20  | 0:51:48,1 |
| 367. | Mayer, Helmut         | Toyota Autowelt/KL                       | 18.M60  | 0:51:56,8 |
| 368. | Wörns, Sven           |                                          | 38.M35  | 0:51:35,7 |
| 369. | Gabelmann, Katrin     | Steinbach                                | 4.W40   | 0:51:54,0 |
| 370. | Wagler, Ralf          |                                          | 41.M45  | 0:51:35,4 |
| 371. | Neu, Lena             |                                          | 11.W20  | 0:51:53,0 |
| 372. | Köhler, Moritz        | Otterberg                                | 15.MU20 | 0:51:12,1 |
| 373. | Engels, Jürgen        | Schützenverein Steinwenden               | 34.M55  | 0:52:10,7 |
| 374. | Becker, Björn         | Immobilienbewertung Becker               | 39.M35  | 0:51:48,3 |
| 375. | Borndraeger, Fritz    | TV Brücken                               | 51.M50  | 0:51:20,6 |
| 376. | Weber, Silas          | Erdesbach                                | 16.MU20 | 0:51:30,9 |
| 377. | Kather, Markus        | VfB Reichenbach                          | 52.M50  | 0:51:46,4 |
| 378. | Waldner, Christine    | Laufschule Saarpfalz                     | 9.W45   | 0:51:37,2 |
| 379. | Arnold, Gunter        | Laufteam Queidersbach                    | 53.M50  | 0:52:17,9 |
| 380. | Ort, Alexander        | Landstuhl                                | 35.M55  | 0:51:48,6 |
| 381. | Laumann, Sigrun       | Worms                                    | 7.W50   | 0:51:36,1 |
| 382. | Wolf, Christian       | LLG Landstuhl                            | 39.M40  | 0:51:54,2 |
| 383. | Manz, Marius          | SV Nanzdietschweiler                     | 52.M20  | 0:52:27,5 |
| 384. | Albrecht, Laura       | WASGAU Laufteam                          | 12.W20  | 0:52:08,2 |
| 385. | Schady, Richard       | Otterbach                                | 19.M60  | 0:51:45,3 |
| 386. | Schranz, Anja         | Grojos LTF Elversberg                    | 5.W40   | 0:52:17,4 |
| 387. | Lencicni, Norbert     |                                          | 54.M50  | 0:52:40,3 |
| 388. | Koch, Tina            | LT Olympia Ramstein, für Zhasmin         | 8.W50   | 0:52:36,3 |
| 389. | Koch, Gerhard         | LT Olympia Ramstein, für Zhasmin         | 7.M65   | 0:52:41,3 |
| 390. | Schuler, Ruth         | HartfüßlerTrail e.V.                     | 6.W30   | 0:52:28,1 |
| 391. | Harth, Rüdiger        |                                          | 55.M50  | 0:52:07,1 |
| 392. | Ohliger, Antje        | Kaiserslautern                           | 6.W40   | 0:52:33,3 |



## 10 Kilometer

| Pos. | Name                  | Verein/Ort              | Pl./AK  | Zeit      |
|------|-----------------------|-------------------------|---------|-----------|
| 393. | Utzinger, Gunter      | 1. FC Mittelbrunn       | 36.M55  | 0:52:36,8 |
| 394. | Knüpfer, Andreas      | Laufschule Saarpfalz    | 8.M65   | 0:52:29,0 |
| 395. | Heidrich, Tobias      | TV Rodenbach            | 40.M35  | 0:52:22,0 |
| 396. | Piaseczny, Frank      |                         | 37.M55  | 0:52:44,7 |
| 397. | Lang, Lauren          | Stroller Warriors       | 7.W35   | 0:52:16,2 |
| 398. | Radl, Horst           | Kolping Obermohr        | 20.M60  | 0:52:14,4 |
| 399. | Marsh, Alexander      |                         | 41.M35  | 0:52:40,0 |
| 400. | Wenz, Steffi          | VfB Reichenbach         | 8.W35   | 0:52:27,0 |
| 401. | Märkl, Annette        | RSC Linden              | 10.W45  | 0:52:44,7 |
| 402. | Woll, Lukas           | TSG Kaiserslautern      | 53.M20  | 0:52:32,2 |
| 403. | Krüger, Markus        | FV Rockenhausen         | 56.M50  | 0:52:36,9 |
| 404. | Weber, Walter         | TuS Börsborn            | 38.M55  | 0:52:48,3 |
| 405. | Scheffe, Stephan      | SV Lambsborn            | 40.M40  | 0:52:36,0 |
| 406. | Fehrentz, Katja       | TuS Börsborn            | 9.W50   | 0:52:49,0 |
| 407. | Mannweiler, Lara      | SV Lambsborn            | 7.W30   | 0:52:35,5 |
| 408. | Brachmann, Peter      | Pegaha Team             | 21.M60  | 0:52:27,3 |
| 409. | Staudt, Uwe           |                         | 57.M50  | 0:52:48,8 |
| 410. | Stoffel, Marion       |                         | 10.W50  | 0:52:48,8 |
| 411. | Rheinheimer, Thomas   | Glantal-Geocacher       | 39.M55  | 0:52:27,8 |
| 412. | Suiker, Michael       |                         | 58.M50  | 0:52:26,9 |
| 413. | Huber, Matthias       | Kolping Obermohr        | 40.M55  | 0:52:29,7 |
| 414. | Delarber, Francesca   |                         | 13.W20  | 0:52:47,2 |
| 415. | Dyck, Jens            | 1. FC Kaiserslautern    | 59.M50  | 0:52:32,2 |
| 416. | Scherne, Lukas        | SV Kottweiler-Schwanden | 54.M20  | 0:52:42,6 |
| 417. | Laßueur, Caroline     | TSG Kaiserslautern      | 9.W35   | 0:53:05,9 |
| 418. | Borst, Susanne        | Dittweiler              | 7.W40   | 0:52:44,2 |
| 419. | Becker, Lothar        | Brücken                 | 1.M70   | 0:53:12,0 |
| 420. | Bolz, Bäubel          | Laufschule Saarpfalz    | 3.W55   | 0:52:53,1 |
| 421. | Haas, Christian       |                         | 60.M50  | 0:52:43,9 |
| 422. | Keller, Johannes      | Kolpingfamilie Obermohr | 11.MU16 | 0:52:37,4 |
| 423. | Leis, Ines Kathrin    | RSC Linden              | 11.W50  | 0:53:05,9 |
| 424. | Ringelspacher, Volker | TV Lemberg              | 22.M60  | 0:52:40,9 |
| 425. | Pfeil, Jack           |                         | 12.MU16 | 0:52:44,0 |
| 426. | Pfeil, Jacquelynn     |                         | 10.W35  | 0:52:44,3 |
| 427. | Lenhart, Bernhard     |                         | 61.M50  | 0:53:02,2 |
| 428. | Marionneck, Michael   | 1. FC Kaiserslautern    | 41.M40  | 0:52:41,0 |
| 429. | Viedt, Jürgen         | Fit in Lautern e.V.     | 23.M60  | 0:52:36,6 |
| 430. | Hoffmann, Christian   | Bann                    | 42.M35  | 0:52:56,1 |
| 431. | Natter, Armin         | Shanghai Running        | 62.M50  | 0:53:13,2 |
| 432. | Schackmar, Stephan    |                         | 42.M40  | 0:52:49,2 |
| 433. | Müller, Markus        | TB Hermersberg          | 41.M55  | 0:53:16,8 |
| 434. | Wiesner, Kerstin      | 1. FC Kaiserslautern    | 11.W45  | 0:53:03,2 |
| 435. | Huber, Johannes       | SV Steinwenden          | 29.M30  | 0:53:02,9 |
| 436. | Steil, Michael        | Ab Mackenbach           | 63.M50  | 0:53:21,6 |
| 437. | Lutz, Richard         | LC Donnersberg          | 24.M60  | 0:53:20,8 |
| 438. | Wunn, Carmen          | 1. FC Kaiserslautern    | 12.W45  | 0:53:40,6 |
| 439. | Mertel, Isabel        | Fit in Lautern e.V.     | 14.W20  | 0:52:55,7 |
| 440. | Gehre, Sabrina        | Frankfurt a.M.          | 11.W35  | 0:53:16,0 |
| 441. | Walter, Michael       | MC-dabbelju             | 64.M50  | 0:52:59,3 |

## 10 Kilometer

| Pos. | Name                     | Verein/Ort                       | Pl./AK  | Zeit      |
|------|--------------------------|----------------------------------|---------|-----------|
| 442. | Werndorff, Christine     | MC-dabbelju                      | 12.W50  | 0:52:59,4 |
| 443. | Nermerich, Andreas       | Winnweiler                       | 42.M45  | 0:53:19,5 |
| 444. | Malle, Gunter            | TSG Kaiserslautern               | 42.M55  | 0:53:34,7 |
| 445. | Amico, Marina            | TSG Kaiserslautern               | 13.W50  | 0:53:52,2 |
| 446. | Kranz, Ursula            | Bennhausen                       | 14.W50  | 0:53:54,2 |
| 447. | Ciolek, Christian        | Ramstein                         | 43.M40  | 0:53:48,5 |
| 448. | Frenzel, Paul            |                                  | 55.M20  | 0:53:37,0 |
| 449. | Haßenstein, Michaela     |                                  | 15.W20  | 0:53:37,4 |
| 450. | Haßenstein, Moritz       |                                  | 30.M30  | 0:53:37,9 |
| 451. | Höbel-Fitting, Sandrah   | Bodymed Ramstein                 | 4.W55   | 0:53:57,1 |
| 452. | Barthel, Thomas          |                                  | 43.M45  | 0:53:24,3 |
| 453. | Feiock, Simone           | St. Wendel                       | 13.W45  | 0:53:24,6 |
| 454. | Leubner, Martina         | LLG Landstuhl                    | 5.W55   | 0:53:57,6 |
| 455. | Steuer, Philip           | LSC Athlon Kusel                 | 31.M30  | 0:53:13,5 |
| 456. | Schneider, Heribert      | Uni Fit KL                       | 43.M55  | 0:53:09,0 |
| 457. | Krieg, Sara-Cathrin      | Laufteam Pirmasens               | 16.W20  | 0:53:34,2 |
| 458. | Jung, Stefanie           | 1. FC Kaiserslautern             | 8.W40   | 0:53:51,8 |
| 459. | Staß, Lisa-Sophie        | SV Kottweiler-Schwanden          | 17.W20  | 0:53:22,7 |
| 460. | Adam, Jürgen             | Kolping Obermohr                 | 65.M50  | 0:53:32,4 |
| 461. | Drumm, Fritz             |                                  | 9.M65   | 0:54:09,4 |
| 462. | Kattge, Lutz             | Wiesbadener Tennis&Hockey Club   | 66.M50  | 0:54:02,8 |
| 463. | Sauter, Daniel           | Laphroig                         | 44.M45  | 0:54:14,9 |
| 464. | Günther, Jürgen          | Steinwenden                      | 45.M45  | 0:53:52,8 |
| 465. | Jäger, Jonas             | Benny's Doggy Depot              | 32.M30  | 0:54:12,2 |
| 466. | Keßler, Ren&eacute;      | SG HüWa                          | 56.M20  | 0:53:46,8 |
| 467. | Uhrig, Sandra            | SV Steinwenden                   | 14.W45  | 0:54:26,5 |
| 468. | Sooß, Nadine             | Die Finisher                     | 9.W40   | 0:54:19,3 |
| 469. | Hennig, Chris            | LSC Athlon Kusel                 | 33.M30  | 0:53:40,6 |
| 470. | Benkel, Wolfgang         | Ostfildern                       | 44.M55  | 0:53:54,3 |
| 471. | Hellriegel, Sylvia       |                                  | 15.W45  | 0:54:11,5 |
| 472. | Walther, Julia           | SV Kottweiler-Schwanden          | 12.W35  | 0:54:22,5 |
| 473. | Galler, Petra            | LG Run N Ride Bexbach            | 15.W50  | 0:53:44,1 |
| 474. | Zaddach, Manuela         | Die Finisher                     | 10.W40  | 0:54:24,5 |
| 475. | Lang, Matthias           | Kindsbach                        | 45.M55  | 0:53:46,0 |
| 476. | Meier, Jochen            | LT Olympia Ramstein, für Zhasmin | 67.M50  | 0:54:32,0 |
| 477. | Kratsch, Dieter          | TuS Glan-Münchweiler             | 25.M60  | 0:54:02,9 |
| 478. | Kneller, Johanna         | TG Frankenthal                   | 1.WU16  | 0:54:22,8 |
| 479. | Becker, Karola           | TuS Glan-Münchweiler             | 16.W50  | 0:54:03,1 |
| 480. | Schanz, Anna-Lena        | Konken                           | 18.W20  | 0:54:01,0 |
| 481. | Schneider, Patrick       | Schleichfüße Breitenbach         | 43.M35  | 0:54:05,9 |
| 482. | Mauer, Benjamin          | SV Kottweiler-Schwanden          | 44.M35  | 0:53:31,9 |
| 483. | Ludes, Karina            | Kolping Obermohr                 | 16.W45  | 0:54:13,2 |
| 484. | Schlemmer, Michael       | LT Glantal Runners               | 44.M40  | 0:54:08,8 |
| 485. | Müller, Franz            | SV Kottweiler-Schwanden          | 26.M60  | 0:54:11,3 |
| 486. | Post, Martin             | 1. FC Kaiserslautern             | 46.M55  | 0:54:41,8 |
| 487. | Wölfelschneider, Michael | TUS Mühlbach                     | 45.M40  | 0:54:32,8 |
| 488. | Mohammad Khani, Mehdi    | Iran                             | 68.M50  | 0:54:02,1 |
| 489. | Beier, Roman             | CSG Olsbrücken                   | 57.M20  | 0:53:39,7 |
| 490. | Schalk, Luca             |                                  | 13.MU16 | 0:54:37,6 |

## 10 Kilometer

| Pos. | Name                  | Verein/Ort                     | Pl./AK  | Zeit      |
|------|-----------------------|--------------------------------|---------|-----------|
| 491. | Erlenbach, Jana       |                                | 13.W35  | 0:54:41,1 |
| 492. | Knaack, Dennis        | Ramstein                       | 69.M50  | 0:53:54,4 |
| 493. | Day, Patrick          | TV Rodenbach                   | 46.M40  | 0:54:54,6 |
| 494. | Correc, Manuela       | TV Rodenbach                   | 17.W50  | 0:54:45,9 |
| 495. | Feick, Franziska      | TV Rodenbach                   | 8.W30   | 0:54:55,4 |
| 496. | Erdmann, Julienne     | Laufschule Saarpfalz           | 17.W45  | 0:54:36,0 |
| 497. | Gerhardt, Ralph       | Kaiserslautern                 | 70.M50  | 0:54:34,3 |
| 498. | Reidenbach, Hanna     | Fitneß & Bewegung Pirmasens    | 2.WU20  | 0:54:36,9 |
| 499. | Schalk, Heike         |                                | 11.W40  | 0:54:51,2 |
| 500. | Hoffmann, Jochen      | Bann                           | 34.M30  | 0:54:31,6 |
| 501. | Vogelgesang, Thomas   | Grojos LTF Elversberg          | 27.M60  | 0:54:18,5 |
| 502. | Schohl, Philip        | Kaiserslautern                 | 58.M20  | 0:54:39,4 |
| 503. | Förster, Christine    | SV Kottweiler-Schwanden        | 18.W50  | 0:54:37,4 |
| 504. | Blauth, Christian     | SV Mackenbach                  | 35.M30  | 0:54:20,5 |
| 505. | Schäfer, Steffen      | VfB Reichenbach                | 45.M35  | 0:54:43,3 |
| 506. | Fehrenz, Michael      | SG Hüffler-Wahnwegen           | 36.M30  | 0:54:43,9 |
| 507. | Dörner, Markus        | Endurance Team Pirmasens       | 47.M40  | 0:54:45,9 |
| 508. | Groß, Günter          | Team Micky                     | 47.M55  | 0:55:05,1 |
| 509. | Lang, Walter          | LLG Landstuhl                  | 1.M75   | 0:55:14,3 |
| 510. | Kube, Tamina          | Niederstaufenbach              | 19.W20  | 0:54:42,3 |
| 511. | Geiger, Klaus         | Dr. Theiß Homburg              | 48.M55  | 0:54:27,4 |
| 512. | Leibrock, Andreas     | Seewoog parkrun                | 48.M40  | 0:54:23,9 |
| 513. | Klein, Martin         | Laufschule Saarpfalz           | 49.M55  | 0:54:43,7 |
| 514. | Jizba, Elke           | LLG Wonnegau                   | 6.W55   | 0:55:10,3 |
| 515. | Koch, Michael         | Dr. Theiß Naturwaren           | 10.M65  | 0:54:32,9 |
| 516. | Getto, Mischa         | CSG Olsbrücken                 | 37.M30  | 0:54:19,7 |
| 517. | Germann, Ferdinand    | TuS Otterbach                  | 11.M65  | 0:54:49,7 |
| 518. | Raddatz, Christian    |                                | 46.M35  | 0:55:00,3 |
| 519. | Keil, Ronny           | Laphroig                       | 38.M30  | 0:55:22,1 |
| 520. | Mischler, Charlotte   | Sanwald Laufteam               | 14.W35  | 0:54:36,7 |
| 521. | Stürzenberger, Jürgen | Fitneß & Bewegung Pirmasens    | 71.M50  | 0:54:45,4 |
| 522. | Schmitt, Michael      | SV Kottweiler-Schwanden        | 72.M50  | 0:55:04,2 |
| 523. | Ruffing, Veronika     | LG Run N Ride Bexbach          | 7.W55   | 0:54:43,8 |
| 524. | Weihmann, Karsten     | Rodenbach                      | 73.M50  | 0:54:48,8 |
| 525. | Doesken, Norman       | TV Rodenbach                   | 46.M45  | 0:55:22,2 |
| 526. | Doesken, Tiberius     | LLG Landstuhl                  | 17.MU20 | 0:55:23,5 |
| 527. | Schneider, Angela     |                                | 9.W30   | 0:55:09,8 |
| 528. | Leising, Hannah       | Croßfit Kaiserslautern/ Miesau | 20.W20  | 0:55:18,5 |
| 529. | Müller, Nicole        | Kottweiler-Schwanden           | 18.W45  | 0:55:14,8 |
| 530. | Reis, Ralph           |                                | 49.M40  | 0:54:55,3 |
| 531. | Gillenberger, Marcel  | Team ERDINGER Alkoholfrei      | 50.M40  | 0:54:43,5 |
| 532. | Stephenson, Shaun     |                                | 51.M40  | 0:55:08,8 |
| 533. | Dunn, Amanda          |                                | 15.W35  | 0:55:12,1 |
| 534. | Armendáriz, Cristina  | Eagles Without Borders         | 12.W40  | 0:55:04,8 |
| 535. | Nickolaus, Christian  | Mackenbach                     | 59.M20  | 0:55:35,2 |
| 536. | Höfling, Dirk         |                                | 47.M45  | 0:55:34,0 |
| 537. | Petat, Eva-Maria      |                                | 10.W30  | 0:54:59,0 |
| 538. | Jeric, Sascha         | TSG Kaiserslautern             | 52.M40  | 0:55:34,4 |
| 539. | Guckenbiehl, Alois    | SV Kottweiler-Schwanden        | 50.M55  | 0:54:51,3 |

## 10 Kilometer

| Pos. | Name                  | Verein/Ort                       | Pl./AK  | Zeit      |
|------|-----------------------|----------------------------------|---------|-----------|
| 540. | Cartarius, Lisa       |                                  | 16.W35  | 0:55:26,4 |
| 541. | Buch, Corinna         | SV Mölschbach                    | 3.WU20  | 0:55:22,8 |
| 542. | Nink, Werner          | Käshofen                         | 28.M60  | 0:55:21,3 |
| 543. | Pfeiffer, Thomas      | LT Olympia Ramstein, für Zhasmin | 74.M50  | 0:55:47,6 |
| 544. | Kube, Swana           |                                  | 21.W20  | 0:55:26,0 |
| 545. | Fuchs, Margit         | Kottweiler-Schwanden             | 8.W55   | 0:55:31,7 |
| 546. | Lazar, Myriam         | Laufschule Saarpfalz             | 17.W35  | 0:55:31,0 |
| 547. | Dreher, Christian     | Bodymed Ramstein                 | 51.M55  | 0:56:01,5 |
| 548. | Horr, Marco           | Schrollbacher Straußbuwe         | 60.M20  | 0:55:23,5 |
| 549. | Koch, Max             | Schachclub Miesenbach            | 61.M20  | 0:55:54,8 |
| 550. | Schäffner, Daniel     | SV Mackenbach                    | 47.M35  | 0:55:40,9 |
| 551. | Pfaff, Michael        |                                  | 52.M55  | 0:55:45,7 |
| 552. | Drumm, Harald         | St. Julian                       | 62.M20  | 0:56:12,4 |
| 553. | Groß, Alexander       | Schrollbacher Straußbuwe         | 63.M20  | 0:55:42,5 |
| 554. | Sauer, Jan            | Schrollbacher Straußbuwe         | 64.M20  | 0:55:41,9 |
| 555. | Ohrenberg, Joachim    | TSG Kaiserslautern               | 75.M50  | 0:55:58,0 |
| 556. | Quatri, Thorsten      | Team Röhlhof                     | 53.M40  | 0:56:02,0 |
| 557. | Wöbbling, Melanie     | Zweibrücken                      | 13.W40  | 0:56:10,7 |
| 558. | Grundmann, Nico       |                                  | 65.M20  | 0:55:38,9 |
| 559. | Herzog, Christine     | Fit in Lautern e.V.              | 9.W55   | 0:55:59,8 |
| 560. | Klasen, Tim           | Dr. Theiß Naturwaren Homburg     | 39.M30  | 0:56:02,6 |
| 561. | Klinck, Michael       | TUS Schönenberg                  | 40.M30  | 0:56:08,4 |
| 562. | Grub, Johannes        | Glan-Münchweiler                 | 66.M20  | 0:56:21,2 |
| 563. | Hanz, Christian       | TuS Glan-Münchweiler             | 67.M20  | 0:56:20,3 |
| 564. | Steuer, Johan         | LSC Athlon Kusel                 | 48.M35  | 0:56:12,7 |
| 565. | Steuer, Eckhard       | LSC Athlon Kusel                 | 29.M60  | 0:56:10,6 |
| 566. | Dietrich, Kai         | TV 03 Ramstein/ Ramstein         | 41.M30  | 0:56:44,1 |
| 567. | Schäfer, Dirk         |                                  | 48.M45  | 0:56:21,0 |
| 568. | Kafitz, Sascha        | Immobilienbewertung Becker       | 49.M35  | 0:56:37,3 |
| 569. | Happersberger, Katja  |                                  | 22.W20  | 0:56:43,8 |
| 570. | Ruffing, Peter        | VFA Neunkirchen                  | 12.M65  | 0:56:49,7 |
| 571. | Teucke, Carina        |                                  | 23.W20  | 0:56:23,1 |
| 572. | Schwamberger, Andreas | LF Schützenhof Homburg           | 76.M50  | 0:56:55,0 |
| 573. | Kneller, Karin        | SV Miesenbach                    | 19.W45  | 0:56:45,6 |
| 574. | Fehrenz, Susanne      | LG Run N Ride Bexbach            | 20.W45  | 0:56:19,6 |
| 575. | Fehrenz, Frank        | LG Run N Ride Bexbach            | 77.M50  | 0:56:20,5 |
| 576. | Berberich, Carsten    |                                  | 54.M40  | 0:57:02,0 |
| 577. | Keller, Jörg          | Kolpingfamilie Obermohr          | 49.M45  | 0:56:35,2 |
| 578. | Reuser, Marcus        | Team ERDINGER Alkoholfrei        | 50.M45  | 0:56:41,9 |
| 579. | Hach, Johannes        | RV Blitz Oberbexbach             | 42.M30  | 0:56:17,0 |
| 580. | Braun, Anke           | LG Run N Ride Bexbach            | 10.W55  | 0:56:30,8 |
| 581. | König, Christian      | Laufschule Saarpfalz             | 51.M45  | 0:56:47,8 |
| 582. | Gummel, Jens          | RV Blitz Oberbexbach             | 50.M35  | 0:56:23,3 |
| 583. | Stolze, Marcus        | SV Lohnsfeld                     | 53.M55  | 0:56:37,9 |
| 584. | Kiefer, Jürgen        | Bruchmühlbach                    | 54.M55  | 0:56:56,6 |
| 585. | Dietrich, Michaela    | Landstuhl                        | 14.W40  | 0:56:58,4 |
| 586. | Stidtgen, Henri       | SV Reichenbach                   | 14.MU16 | 0:57:03,3 |
| 587. | Groß, Uli             | 1. BCW Hütschenhausen            | 55.M55  | 0:57:01,7 |
| 588. | Bing, Michael         | TuS Fürth                        | 55.M40  | 0:56:46,9 |

## 10 Kilometer

| Pos. | Name                  | Verein/Ort                               | Pl./AK  | Zeit      |
|------|-----------------------|------------------------------------------|---------|-----------|
| 589. | Hottum, Paul          | LLG Wonnegau                             | 68.M20  | 0:57:13,6 |
| 590. | Dietrich, Jochen      | L-Joggers                                | 52.M45  | 0:56:53,3 |
| 591. | Köhler, Manfred       | Otterberg                                | 53.M45  | 0:56:43,0 |
| 592. | Gillespie, Mason      | Kottweiler-Schwanden                     | 18.MU20 | 0:56:32,8 |
| 593. | May, Ralph            |                                          | 54.M45  | 0:56:54,3 |
| 594. | Rausch, Dirk          | Outdoor Nation Westpfalz                 | 51.M35  | 0:56:41,2 |
| 595. | Schöneberger, Sylvia  | LC Donnersberg                           | 11.W55  | 0:57:22,6 |
| 596. | Hofstätter, Marco     | Ramstein                                 | 55.M45  | 0:57:16,5 |
| 597. | Tripp, Julie          | Ramstein                                 | 18.W35  | 0:57:12,7 |
| 598. | Wünschel, Nina        | WiWa-KL                                  | 19.W35  | 0:57:26,8 |
| 599. | Wellstein, Swen       | WiWa-KL                                  | 56.M45  | 0:57:27,0 |
| 600. | Christmann, Ingrid    | SV Kottweiler-Schwanden                  | 19.W50  | 0:57:37,5 |
| 601. | Serin, Hatice         | TSG Kaiserslautern                       | 21.W45  | 0:57:59,0 |
| 602. | Horst, Simone         | Laufschule Saarpfalz                     | 15.W40  | 0:57:21,4 |
| 603. | Müller, Stefan        | Bodymed Ramstein                         | 78.M50  | 0:57:57,7 |
| 604. | Rupperz, Theo         | TuS Otterbach                            | 13.M65  | 0:57:40,5 |
| 605. | Jung, Fiona           | Queidersbach                             | 2.WU16  | 0:57:58,3 |
| 606. | Cambeis, Christine    | Kaiserslautern                           | 20.W50  | 0:58:11,0 |
| 607. | Martin, Uwe           | TuS Otterbach                            | 56.M55  | 0:57:44,1 |
| 608. | Müller, Bea           | Schleichfüße Breitenbach                 | 20.W35  | 0:57:49,5 |
| 609. | Ottenbreit, Margarete | Kindsbach                                | 24.W20  | 0:58:19,4 |
| 610. | Clementson, Thomas    | Eagles Without Borders                   | 57.M45  | 0:57:14,6 |
| 611. | Lenhardt, Patrick     | SV Kottweiler-Schwanden                  | 56.M40  | 0:58:05,8 |
| 612. | Matheis, Mathias      | LLG Wonnegau                             | 69.M20  | 0:58:02,1 |
| 613. | Wallner, Alf          |                                          | 70.M20  | 0:57:25,4 |
| 614. | Härtel, Hannah        | Limbach                                  | 25.W20  | 0:58:25,8 |
| 615. | Delchmann, Elisa      | Ramstein                                 | 4.WU20  | 0:58:26,8 |
| 616. | Di Franco, Maurizio   | SV Nanzdietschweiler                     | 71.M20  | 0:58:24,9 |
| 617. | Di Franco, Fabio      | SV Nanzdietschweiler                     | 72.M20  | 0:58:27,3 |
| 618. | Pfaff, Fritz          | Mf Langwieden                            | 79.M50  | 0:58:15,6 |
| 619. | Krupp, Meliða         |                                          | 11.W30  | 0:58:16,5 |
| 620. | Hahn, Melanie         | Otterberg                                | 21.W50  | 0:58:00,8 |
| 621. | Plainer, Alfred       | ohne                                     | 2.M70   | 0:57:41,9 |
| 622. | Woll, Jörg            | SV Schopp                                | 80.M50  | 0:58:05,9 |
| 623. | Pitschi, Sandra       | Team ERDINGER Alkoholfrei/ Fit in Laufen | 16.W40  | 0:58:20,8 |
| 624. | Pitschi, Patric       | Team ERDINGER Alkoholfrei/ Fit in Laufen | 58.M45  | 0:58:19,4 |
| 625. | Klinck, Benjamin      | TV 03 Ramstein/Obermohr                  | 73.M20  | 0:58:28,7 |
| 626. | Altschuck, Volker     | TV 03 Ramstein/ Kottweiler-Schwanden     | 57.M40  | 0:58:28,3 |
| 627. | Schneider, Arno       | Rio De Janeiro                           | 30.M60  | 0:57:48,9 |
| 628. | Speicher, Franz-Josef | LTF Köllertal                            | 31.M60  | 0:57:51,4 |
| 629. | Mack, Nicole          | TV Rodenbach                             | 21.W35  | 0:58:42,2 |
| 630. | Haas, Martina         |                                          | 22.W50  | 0:58:23,3 |
| 631. | Zott, Nicole          | TV Rodenbach                             | 23.W50  | 0:58:19,8 |
| 632. | Hunsicker, Nils       |                                          | 52.M35  | 0:58:35,8 |
| 633. | Steuer, Klaus         | LSC Athlon Kusel                         | 32.M60  | 0:58:14,8 |
| 634. | Whitt, Lillian        | Dr. Martin Luther Steinwenden            | 22.W35  | 0:58:03,7 |
| 635. | Merkt, Sandra         | Wolfstein                                | 23.W35  | 0:58:50,4 |
| 636. | Schönfelder, Guido    | Team Rudi Speer                          | 81.M50  | 0:58:39,2 |
| 637. | Zäuner, Carmen        |                                          | 17.W40  | 0:58:30,5 |



## 10 Kilometer

| Pos. | Name                  | Verein/Ort                                  | Pl./AK | Zeit      |
|------|-----------------------|---------------------------------------------|--------|-----------|
| 638. | Urschel, Paul         | SV Nanzdietschweiler                        | 14.M65 | 0:58:55,8 |
| 639. | Maddaloni, Roberto    | TuS Landstuhl                               | 74.M20 | 0:59:04,0 |
| 640. | Altschuck, Christina  | TV 03 Ramstein/ Kottweiler-Schwanden        | 18.W40 | 0:58:56,2 |
| 641. | Werner, Jens          | Kusel                                       | 59.M45 | 0:58:18,6 |
| 642. | Groß, Julia           | Rehweiler                                   | 26.W20 | 0:58:29,5 |
| 643. | Künzel, Mandy         |                                             | 27.W20 | 0:58:32,2 |
| 644. | Scheerer, Ramona      | Queidersbach                                | 28.W20 | 0:58:59,1 |
| 645. | Fuder, Thomas         | TuS Otterbach                               | 57.M55 | 0:58:46,7 |
| 646. | Moll, Timo            | SV Lambsborn                                | 58.M40 | 0:59:01,9 |
| 647. | Rech, Sascha          | TV 03 Ramstein/ Ramstein                    | 53.M35 | 0:59:08,9 |
| 648. | Junkes, Peter         | Dr. Theiß Naturwaren Homburg                | 33.M60 | 0:58:36,1 |
| 649. | Balzulat, Heinke      | TuS Erfenbach                               | 22.W45 | 0:58:51,9 |
| 650. | Rieger, Tobias        |                                             | 75.M20 | 0:59:05,1 |
| 651. | Natour, Kerstin       | TSG Kaiserslautern                          | 24.W50 | 0:59:23,9 |
| 652. | Bichler, Katrin       | Grojos LTF Elversberg                       | 19.W40 | 0:58:48,0 |
| 653. | Jung, Marco           | Queidersbach                                | 59.M40 | 0:59:18,5 |
| 654. | Lelle, Silke          | Queidersbach                                | 25.W50 | 0:59:20,5 |
| 655. | Müller, Elke          | Queidersbach                                | 26.W50 | 0:59:40,2 |
| 656. | Jung, Simone Stefanie | Hütschenhausen                              | 23.W45 | 0:59:20,3 |
| 657. | Nicklas, Carolin      |                                             | 29.W20 | 0:59:10,5 |
| 658. | Decker, Doris         | Wassersportfreunde Zweibrücken / 2 Exklusiv | 24.W45 | 0:58:57,5 |
| 659. | Schaufert, Daniel     | Glan-Münchweiler                            | 43.M30 | 0:59:10,3 |
| 660. | Gabriel, Philipp      | TV Rodenbach                                | 76.M20 | 0:58:51,6 |
| 661. | Nix, Carina           |                                             | 30.W20 | 0:59:13,1 |
| 662. | Steinhauer, Andreas   | TUS St. Julian-Gumbsweiler                  | 82.M50 | 0:59:33,8 |
| 663. | Ließmann, Marcel      | TuS Börsborn                                | 44.M30 | 0:58:54,0 |
| 664. | Root, Inga            | Oberarnbach                                 | 24.W35 | 0:59:34,8 |
| 665. | Braxton, Sarah        | Oberarnbach                                 | 25.W35 | 0:59:35,5 |
| 666. | Bertleff-Lutz, Doris  | LC Donnersberg                              | 12.W55 | 0:59:37,2 |
| 667. | Wadlow, Rachael       | Landstuhl                                   | 26.W35 | 0:59:18,8 |
| 668. | Haselbach, Manuel     |                                             | 45.M30 | 0:59:42,3 |
| 669. | Haselbach, Joachim    |                                             | 58.M55 | 0:59:42,0 |
| 670. | Kries, Romy           | Landstuhl                                   | 31.W20 | 0:59:31,9 |
| 671. | Koch, Maximilian      | SV Miesau                                   | 77.M20 | 0:59:32,6 |
| 672. | Hauck, Christoph      |                                             | 60.M40 | 0:59:32,3 |
| 673. | Cramer, Sonja         | SGV Elschbach                               | 25.W45 | 0:59:53,5 |
| 674. | Hartmann, Guido       | 1. FC Kaiserslautern                        | 59.M55 | 0:59:40,7 |
| 675. | Voigt, Alexandra      | TV 03 Ramstein/ Steinwenden                 | 32.W20 | 1:00:02,0 |
| 676. | Bitzer, Jens          |                                             | 61.M40 | 0:59:27,4 |
| 677. | Reuser, Brigitte      | Weilerbach                                  | 20.W40 | 0:59:55,3 |
| 678. | Kurtz, Paul           | Laufteam Pirmasens                          | 60.M55 | 0:59:53,7 |
| 679. | Wörns, Nicole         |                                             | 27.W35 | 1:00:05,9 |
| 680. | Kaiser, Udo           | TSG Kaiserslautern                          | 15.M65 | 1:00:29,6 |
| 681. | Zangerle, Martin      | VfB Reichenbach                             | 83.M50 | 1:00:00,1 |
| 682. | Reger, Heino          | Laufschule Saarpfalz                        | 60.M45 | 1:00:01,0 |
| 683. | Bann, Bettina         | Laufschule Saarpfalz                        | 28.W35 | 1:00:01,6 |
| 684. | Dresen, Simone        | LLG Wustweiler                              | 21.W40 | 1:00:04,0 |
| 685. | Hohnhorst, Paul       | RV Blitz Oberbexbach                        | 61.M55 | 0:59:56,1 |
| 686. | Fuchs, Ulla           | 1. FC Kaiserslautern                        | 2.W60  | 1:00:07,6 |

## 10 Kilometer

| Pos. | Name                       | Verein/Ort                       | Pl./AK  | Zeit      |
|------|----------------------------|----------------------------------|---------|-----------|
| 687. | Staudt, Rita               | RV Blitz Oberbexbach             | 3.W60   | 0:59:57,6 |
| 688. | Bültmann, Nicole           | Outdoor Nation                   | 26.W45  | 1:00:33,7 |
| 689. | Heil, Dieter               | LG Ohmbachsee                    | 16.M65  | 1:00:00,0 |
| 690. | Wedeking, Lydia            | Kaiserslautern                   | 1.W65   | 1:00:39,7 |
| 691. | Scheerer, Werner           | SVE Steinwenden                  | 17.M65  | 1:00:36,8 |
| 692. | Staß, Eri                  | SV Kottweiler-Schwanden          | 13.W55  | 1:00:18,8 |
| 693. | Knehr, Yvonne              | SV Kottweiler-Schwanden          | 33.W20  | 1:00:00,9 |
| 694. | Wagner, Melina             | Kirrberg                         | 34.W20  | 1:00:53,4 |
| 695. | Borst, Markus              | Bann                             | 46.M30  | 1:00:34,2 |
| 696. | Jost, Anja                 | Laufteam Pirmasens               | 27.W45  | 1:00:29,1 |
| 697. | Katz, Sean                 |                                  | 54.M35  | 1:00:54,9 |
| 698. | Schulz, Stefan Bernhard    | Bodymed Ramstein                 | 84.M50  | 1:00:57,3 |
| 699. | Müller, Susanne            | LAZ Birkenfeld                   | 14.W55  | 1:00:32,9 |
| 700. | Lewandowski, Viola         | 1. FC Kaiserslautern             | 27.W50  | 1:00:36,2 |
| 701. | Ottenbreit-Burkhard, Maria | Kindsbach                        | 35.W20  | 1:01:09,1 |
| 702. | Lenhardt, Martin           | SV Steinwenden                   | 62.M55  | 1:01:16,8 |
| 703. | Short, Andrew              |                                  | 62.M40  | 1:00:20,1 |
| 704. | Meyer, Wolfgang            | Laufschule Saarpfalz             | 63.M55  | 1:01:00,6 |
| 705. | Vogt, Anika                | Laufschule Saarpfalz             | 22.W40  | 1:01:01,4 |
| 706. | Even, Katja                | Bodymed Ramstein                 | 23.W40  | 1:01:09,4 |
| 707. | Lochner, Tanja             | SV Kottweiler-Schwanden          | 28.W45  | 1:01:05,3 |
| 708. | Schmitt, Birgit            | SV Kottweiler-Schwanden          | 29.W45  | 1:01:08,5 |
| 709. | Rogel, Matthias            | Kaiserslautern                   | 85.M50  | 1:01:27,0 |
| 710. | Schwehm, Sonja             | LG Ohmbachsee                    | 4.W60   | 1:00:51,3 |
| 711. | Kunz-Koca, Barbara         | 1. FC Kaiserslautern             | 5.W60   | 1:01:08,5 |
| 712. | Mertel, Uwe                | Fit in Lautern                   | 34.M60  | 1:00:54,3 |
| 713. | Schauer, Anja              | Benefizteam 42x42,195            | 24.W40  | 1:01:07,0 |
| 714. | Meier-Wildberger, Cristine | Benefizteam 42x42,195            | 28.W50  | 1:01:07,0 |
| 715. | Weyand, Holger             | Benefizteam 42x 42,195           | 64.M55  | 1:01:07,1 |
| 716. | Schneider, Fatime          | Benefizteam 42x42,195            | 30.W45  | 1:01:06,3 |
| 717. | Scheidt, Ilka              | TSG Wolfstein                    | 15.W55  | 1:01:06,8 |
| 718. | Krieg, Monika              | Laufteam Pirmasens               | 31.W45  | 1:01:23,3 |
| 719. | Vanderschmitt, Michael     | Kaiserslautern                   | 61.M45  | 1:00:54,0 |
| 720. | Müller, Sandra             | Laufschule Saarpfalz             | 32.W45  | 1:01:31,9 |
| 721. | Nicklas, Linus             | LT Olympia Ramstein, für Zhasmin | 19.MU20 | 1:01:34,5 |
| 722. | Wegert, Beatrix            | TV Rodenbach                     | 33.W45  | 1:01:37,9 |
| 723. | Wegert, Frank              | TV Rodenbach                     | 86.M50  | 1:01:37,1 |
| 724. | Leonhard, Stefan           | TV Rodenbach 1965 e. V.          | 87.M50  | 1:01:37,8 |
| 725. | Zangerle-Müller, Pia       | VfB Reichenbach                  | 29.W50  | 1:01:16,5 |
| 726. | Werner, Sabrina            | Kreisverwaltung Kusel            | 29.W35  | 1:01:18,1 |
| 727. | Dickey, Riley              | Kaiserslautern                   | 12.W30  | 1:01:46,3 |
| 728. | Groß, Katharina            |                                  | 36.W20  | 1:01:10,4 |
| 729. | Rysz, Agnes                | Kaiserslautern                   | 25.W40  | 1:01:48,1 |
| 730. | Bendig, Claudia            |                                  | 30.W35  | 1:02:08,8 |
| 731. | Seimetz, Michael           | Bonn                             | 62.M45  | 1:01:43,3 |
| 732. | Balzulat, Hagen            | Badmintonverein KL               | 15.MU16 | 1:02:00,0 |
| 733. | Lutz, Hubert               | Kaiserslautern                   | 18.M65  | 1:01:38,9 |
| 734. | Balzulat, Jochen           | TuS Otterbach                    | 88.M50  | 1:02:02,7 |
| 735. | Tagmann, Jörg              | Immobilienbewertung Becker       | 63.M45  | 1:02:20,2 |

## 10 Kilometer

| Pos. | Name                          | Verein/Ort                 | Pl./AK  | Zeit      |
|------|-------------------------------|----------------------------|---------|-----------|
| 736. | Frank, Nina                   | Immobilienbewertung Becker | 26.W40  | 1:02:19,8 |
| 737. | Müller, Reimund               | LAZ Birkenfeld             | 19.M65  | 1:02:04,6 |
| 738. | Ritter, Thomas                | WiWa-KL                    | 89.M50  | 1:02:34,3 |
| 739. | Sprengard, Torben             | Turn-Team Sickingen        | 16.MU16 | 1:03:00,0 |
| 740. | Radny, Bettina                | Outdoor Nation Westpfalz   | 27.W40  | 1:02:01,2 |
| 741. | Steuer, Michael               | LSC Athlon Kusel           | 55.M35  | 1:02:25,7 |
| 742. | Gravius, Claudia              | Laufschule Saarpfalz       | 30.W50  | 1:02:28,9 |
| 743. | Ahlgrimm, Jutta               | Laufschule Saarpfalz       | 16.W55  | 1:02:28,2 |
| 744. | Zimmermann, Norbert           |                            | 3.M70   | 1:02:53,5 |
| 745. | Wack, Lisa                    | LG Run N Ride Bexbach      | 28.W40  | 1:02:34,6 |
| 746. | Wies, Christian               | Bechtolsheim               | 63.M40  | 1:02:34,5 |
| 747. | Otero, Robert                 | U.S.A                      | 90.M50  | 1:02:24,5 |
| 748. | Lickteig-Steinhauer, Isabella | SV Kottweiler-Schwanden    | 34.W45  | 1:03:16,0 |
| 749. | Jung, Jürgen                  | SV Haschbach               | 35.M60  | 1:02:27,0 |
| 750. | Barz, Marcus                  | WiWa-KL                    | 64.M45  | 0:59:17,8 |
| 751. | Luba, Walter                  | TSG Kaiserslautern         | 20.M65  | 1:03:18,4 |
| 752. | Günther, Simon                | Kaiserslautern             | 78.M20  | 1:02:56,4 |
| 753. | Malkomes, Lisa                | TSG Kaiserslautern         | 13.W30  | 1:03:20,9 |
| 754. | Rech, Steffi                  | TV 03 Ramstein/ Ramstein   | 14.W30  | 1:03:24,9 |
| 755. | Simon, Stephan                | TSG Kaiserslautern         | 65.M55  | 1:03:23,0 |
| 756. | Mangold, Christine            | Laufschule Saarpfalz       | 35.W45  | 1:03:14,4 |
| 757. | Stratmann, Annika             | SV Kottweiler-Schwanden    | 5.WU20  | 1:03:02,0 |
| 758. | Reynolds, Duska               | Stelzenberg                | 36.W45  | 1:02:59,2 |
| 759. | Reynolds, Derek               | Stelzenberg                | 65.M45  | 1:02:59,2 |
| 760. | Jost, Peter                   |                            | 21.M65  | 1:03:37,9 |
| 761. | Keßelring, Werner             | Hauptstuhl                 | 4.M70   | 1:03:48,3 |
| 762. | Nothof, Maike                 |                            | 37.W20  | 1:03:23,2 |
| 763. | Richtschied, Oskar            | LLG Landstuhl              | 5.M70   | 1:03:58,9 |
| 764. | Buch, Dietmar                 | SV Mölschbach              | 36.M60  | 1:03:37,7 |
| 765. | Kayser, Andreas               | Wahnwegen                  | 91.M50  | 1:03:24,3 |
| 766. | Speier, Arice                 | Theisbergstegen            | 37.W45  | 1:03:24,9 |
| 767. | Gabriel, Paul                 | TV Rodenbach               | 20.MU20 | 1:03:22,1 |
| 768. | Bonitz, Arnold                |                            | 66.M45  | 1:04:01,2 |
| 769. | Cataldi, Beatrice             | Morlautern-Kaiserslautern  | 29.W40  | 1:03:40,8 |
| 770. | Donauer, Heike                | 1. FC Kaiserslautern       | 17.W55  | 1:03:45,1 |
| 771. | Matheis, Klaus                | LLG Wonnegau               | 37.M60  | 1:03:25,7 |
| 772. | Siegmund, Erich               | LLG Wonnegau               | 22.M65  | 1:03:28,3 |
| 773. | Schmittinger, Iris            | LLG Wonnegau               | 38.W45  | 1:03:25,0 |
| 774. | Nothof, Katja                 |                            | 39.W45  | 1:03:39,0 |
| 775. | Schirra, Jasmin               |                            | 38.W20  | 1:03:39,3 |
| 776. | Kolb, Ilo                     |                            | 31.W50  | 1:03:36,3 |
| 777. | Gabriel, Eva                  | TV Rodenbach               | 6.WU20  | 1:03:37,6 |
| 778. | Zimmermann, Karl              | Lambsborn                  | 21.MU20 | 1:04:01,8 |
| 779. | Planz, Sigrid                 | Laufschule Saarpfalz       | 2.W65   | 1:03:56,3 |
| 780. | Schmitt, Andreas              | Rodenbach                  | 64.M40  | 1:04:33,8 |
| 781. | Hanz, Thomas                  | TuS Glan-Münchweiler       | 23.M65  | 1:04:10,0 |
| 782. | Wollsitter, Daniel            | Heiligenmoschel            | 47.M30  | 1:04:28,4 |
| 783. | Blügel, Beate                 | Glan-Münchweiler           | 39.W20  | 1:04:11,4 |
| 784. | Demuru, Laura                 | Brücken                    | 40.W20  | 1:04:28,9 |

## 10 Kilometer

| Pos. | Name                      | Verein/Ort                       | Pl./AK  | Zeit      |
|------|---------------------------|----------------------------------|---------|-----------|
| 785. | Martinez-Katz, Graciela   |                                  | 40.W45  | 1:04:40,7 |
| 786. | Lang, Rainer              | TuS Glan-Münchweiler             | 38.M60  | 1:03:56,8 |
| 787. | Lang, Carolin             | TuS Glan-Münchweiler             | 41.W20  | 1:03:56,8 |
| 788. | Janik, Wolfram            | SV Mölschbach                    | 24.M65  | 1:03:48,6 |
| 789. | Neu, Michael              | Offenbach-Hundheim               | 67.M45  | 1:04:27,6 |
| 790. | Schmittinger, Oliver      | LLG Wonnegau                     | 48.M30  | 1:04:10,4 |
| 791. | Weiser, Philipp           | LLG Wonnegau                     | 56.M35  | 1:04:10,6 |
| 792. | Treptow, Nicole           | LT Olympia Ramstein, für Zhasmin | 30.W40  | 1:04:28,2 |
| 793. | Scherne, Angela           | LT Olympia Ramstein              | 18.W55  | 1:04:10,9 |
| 794. | Wagner, Eric              | Immobilienbewertung Becker       | 65.M40  | 1:04:37,0 |
| 795. | Neudert-Heil, Valeska     | TuS Glan-Münchweiler             | 31.W35  | 1:04:22,3 |
| 796. | Hanz, Carolin             | TuS Glan-Münchweiler             | 32.W50  | 1:04:22,3 |
| 797. | Brockmann, Roman          | Fit in Lautern e.V.              | 57.M35  | 1:04:33,0 |
| 798. | Lukas, Claudia            | VfB Reichenbach                  | 19.W55  | 1:04:38,3 |
| 799. | Schley, Martin            | SV Miesau                        | 68.M45  | 1:05:33,4 |
| 800. | Gieser, Angelika          | SV Kottweiler-Schwanden          | 31.W40  | 1:04:47,3 |
| 801. | Krinke, Sven              | SV Kottweiler-Schwanden          | 66.M40  | 1:04:46,5 |
| 802. | Momber-Ohliger, Christine | TSG Kaiserslautern               | 20.W55  | 1:05:57,6 |
| 803. | Ohrenberg, Sandra         | TSG Kaiserslautern               | 33.W50  | 1:05:56,4 |
| 804. | Blum, Nico                |                                  | 58.M35  | 1:05:34,2 |
| 805. | Röhrig, Volker            | Altenkirchen                     | 69.M45  | 1:05:35,3 |
| 806. | Heberger, Andreas         | TV Rodenbach                     | 66.M55  | 1:05:10,7 |
| 807. | Becker, Martin            | LG Ohmbachsee                    | 67.M40  | 1:05:22,8 |
| 808. | Huber, Karin              | TV Rodenbach                     | 34.W50  | 1:05:21,3 |
| 809. | Phillips, Nadine          |                                  | 32.W35  | 1:05:28,3 |
| 810. | Phillips, Frank           |                                  | 92.M50  | 1:05:27,9 |
| 811. | Dellbrügge, Anne          | TV Rodenbach                     | 42.W20  | 1:05:47,2 |
| 812. | Lelle, Moritz             | Queidersbach                     | 79.M20  | 1:06:30,7 |
| 813. | Metzger, Martina          | 1. FC Kaiserslautern             | 35.W50  | 1:06:18,2 |
| 814. | Kehr, Wilfried            | Mackenbach                       | 39.M60  | 1:06:33,3 |
| 815. | Herr, Steffen             | Landau                           | 68.M40  | 1:06:12,6 |
| 816. | Schnitzlohne, Jens        | Kaiserslautern                   | 70.M45  | 1:06:13,9 |
| 817. | Hoffmann, Lothar          | 1. FC Kaiserslautern             | 25.M65  | 1:06:15,3 |
| 818. | Linsmayer, Gerhard        | LLG Landstuhl                    | 40.M60  | 1:07:45,4 |
| 819. | Holzmann, Christina       | LLG Wonnegau                     | 36.W50  | 1:07:13,3 |
| 820. | Fauß, Andrea              | Musikverein Kottweiler           | 37.W50  | 1:07:53,2 |
| 821. | Siegler, Kerstin          | Seewoog parkrun                  | 33.W35  | 1:07:43,0 |
| 822. | Gillespie, Lucas          | Kottweiler-Schwanden             | 17.MU16 | 1:07:40,2 |
| 823. | Gillespie, Rendall        | Kottweiler-Schwanden             | 71.M45  | 1:05:48,6 |
| 824. | Gillespie, Heather        | Kottweiler-Schwanden             | 32.W40  | 1:07:42,1 |
| 825. | Zahn, Jochen              | Schwedelbach                     | 93.M50  | 1:08:19,9 |
| 826. | Zahn, Ulrike              | Schwedelbach                     | 38.W50  | 1:08:19,6 |
| 827. | Schwarm, Heinz            | TV Rodenbach                     | 2.M75   | 1:08:18,6 |
| 828. | Cruz, Edwin               | Ramstein                         | 80.M20  | 1:08:29,8 |
| 829. | Glöckner, Regine          | Bruchmühlbach                    | 21.W55  | 1:08:12,5 |
| 830. | Mattert, Rachel           | Kottweiler-Schwanden             | 15.W30  | 1:08:33,4 |
| 831. | Walther, Thomas           | Einsatzflotille 2 Whv            | 72.M45  | 1:09:37,9 |
| 832. | Hektor, Julia             | Bodymed Ramstein                 | 16.W30  | 1:09:00,9 |
| 833. | Hektor, Ralf              | Kottweiler-Schwanden             | 67.M55  | 1:09:05,0 |

## 10 Kilometer

| Pos. | Name                  | Verein/Ort                       | Pl./AK  | Zeit      |
|------|-----------------------|----------------------------------|---------|-----------|
| 834. | Blauth, Ute           | Otterbach                        | 39.W50  | 1:09:21,1 |
| 835. | Groel, Horst          |                                  | 41.M60  | 1:09:58,4 |
| 836. | Noll, Christoph       | SV Kottweiler-Schwanden          | 49.M30  | 1:10:10,7 |
| 837. | Peifer, Janine        | Kreisverwaltung Kusel            | 43.W20  | 1:09:28,2 |
| 838. | Peifer, Patrick       |                                  | 50.M30  | 1:09:28,4 |
| 839. | Lorch, Petra          | LLG Landstuhl                    | 6.W60   | 1:10:13,9 |
| 840. | Götzinger, Nils       | LT Olympia Ramstein, für Zhasmin | 18.MU16 | 1:09:56,3 |
| 841. | Götzinger, Andreas    | Für Zhasmin                      | 73.M45  | 1:09:57,2 |
| 842. | Walther, Jonas        | SV Kottweiler-Schwanden          | 22.MU20 | 1:10:36,5 |
| 843. | Metzger, Martina      | Fit-in-Lautern e.V.              | 41.W45  | 1:10:07,6 |
| 844. | Geiß, Cristian        | CSG Olsbrücken                   | 51.M30  | 1:10:07,6 |
| 845. | Lewandowski, Dennis   | Raum Design Lewandowski          | 59.M35  | 1:10:08,6 |
| 846. | Frost, Marie          | LT Olympia Ramstein, für Zhasmin | 44.W20  | 1:10:56,2 |
| 847. | Stratmann, Alfred     | Landstuhl                        | 68.M55  | 1:10:39,0 |
| 848. | Borger, Sofia         | LT Olympia Ramstein, für Zhasmin | 3.WU16  | 1:11:14,4 |
| 849. | Staß, Hans            | SV Kottweiler-Schwanden          | 42.M60  | 1:10:50,0 |
| 850. | Fuchs, Anna           | SV Kottweiler-Schwanden          | 34.W35  | 1:10:51,4 |
| 851. | Degen, Carolin        | TV Rodenbach                     | 45.W20  | 1:11:54,0 |
| 852. | Cruz, Sharlene        |                                  | 46.W20  | 1:12:32,5 |
| 853. | Scheipers, Merle      | KL Erzhütten                     | 7.WU20  | 1:12:49,7 |
| 854. | Scheipers, Maike      | KL Erzhütten                     | 40.W50  | 1:12:48,6 |
| 855. | Scheipers, Rolf       | KL Erzhütten                     | 94.M50  | 1:12:50,4 |
| 856. | Klein, Frank          | SV Kottweiler-Schwanden          | 95.M50  | 1:12:37,5 |
| 857. | Schaumlöffel, Isabell | VfB Reichenbach                  | 47.W20  | 1:13:15,3 |
| 858. | Short, Andy           |                                  | 81.M20  | 1:13:37,4 |
| 859. | Short, Marisela       |                                  | 33.W40  | 1:14:45,7 |
| 860. | Miller, Rachel        |                                  | 17.W30  | 1:15:49,5 |
| 861. | Mertel, Heidi         | Fit in Lautern                   | 7.W60   | 1:15:16,1 |
| 862. | Phinisey, John        |                                  | 69.M40  | 1:15:43,6 |
| 863. | Marx, Karlheinz       | Imkerverein Landstuhl            | 69.M55  | 1:18:07,9 |
| 864. | Krebs, Ryan           | Kottweiler-Schwanden             | 70.M40  | 1:22:57,9 |
| 865. | Krebs, Renee          | Kottweiler-Schwanden             | 42.W45  | 1:22:58,8 |
| 866. | Pöchlhacker, Nina     |                                  | 48.W20  | 1:24:37,0 |