

## 5. City Cross (Saarbrücken) am 02.10.2016

### 2500 Meter

Pos.	Name	Verein/Ort	Pl./AK	Zeit
1.	Niesporek, Tom		1.MU16	11:27
2.	Steinsch, Bela		1.MU18	12:18
3.	Lau, Lennart	LAZ Saarbrücken	2.MU16	12:28
4.	Völker, Paul		3.MU16	12:36
5.	Schumacher, Marc		4.MU16	12:40
6.	Seel, Hannah		5.WU16	12:53
7.	Prianon, Yanick		6.MU16	13:09
8.	Kitzhöfer, Michael		7.MU16	13:10
9.	Jakob, Jahn		8.MU16	13:15
10.	Welker, Katharina	ATSV Saarbrücken	2.WU18	13:32
11.	Berger, Jana		9.WU16	13:45
12.	Schuh, Dustin Cedric	RSC St.Ingbert/Team Rotwild	10.MU16	13:50
13.	Schmidt, Tim	Team Schmidt	3.MU18	13:51
14.	Jung, Nils	Tri-Sport Saar-Hochwald	4.MU18	14:01
15.	Seel, Florian		11.MU16	14:29
16.	Lau, Arne	LAZ Saarbrücken	12.MU16	14:34
17.	Schöfer, Luka		13.MU16	14:55
18.	Seiler, Regina		14.WU16	15:12
19.	Corica, Jason		15.MU16	15:13
20.	Schuler, Lisa		16.WU16	15:23
21.	Schmitt, Francesco		5.MU18	16:43
22.	Schuh, Kimberly	RSC St.Ingbert	17.WU16	18:16
23.	Hauck, Emilia Veronika	TV Rußhütte	6.WU18	18:33
24.	Blank, Marlon	TV Bous	7.MU18	18:58
25.	Rupp, Joshua		18.MU16	18:59
26.	Bauer, Jakob		19.WU16	20:47

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### 5 Kilometer

Pos.	Name	Verein/Ort	Pl./AK	Zeit
1.	Rhodes, Daniel		1.M	21:49
2.	Leibrock, Bengt		2.M	21:50
3.	Bohlen, David	RSC Zweibrücken	3.M	24:10
4.	Lauer, Matthias	Team Freude am Laufen	4.M	24:17
5.	Velten, Matthias		5.M	24:36
6.	Beck, Joel		6.M	24:41
7.	Baumgärtel, Theresa	LAZ Saar 05	7.W	26:05
8.	Schmitt, Jolina	LC WARNDT	8.W	26:41
9.	Seel, Claudia		9.W	26:58
10.	Blum, Hans-Jürgen	Hansi gewonnen	10.M	27:47
11.	Vetter, Sebastian		11.M	27:56
12.	Lau, Timm	Arbeitskammer	12.M	28:20
13.	Apushkinskaya, Nina		13.W	28:23
14.	Schmitt-Karrenbauer, Benedikt	1.FC Saarbrücken	14.M	30:15
15.	Feldner, Sophie		15.W	30:34
16.	Heidenmann, Silke	TuS 1860 Neunkirchen	16.W	30:38
17.	Hebel, Tina	Outdoor Nation	17.W	33:17
18.	Hussein, Kawa	LLG Wustweiler	18.M	33:47
19.	Linn, Tatjana		19.W	33:51
20.	Schwartner, Nicole	Poseidon Worms	20.W	33:56
21.	Strauß, Marcus		21.M	34:14
22.	Kitza, Patrick		22.M	34:18
23.	Gravelius, Sven	Outdoor Nation	23.M	34:23
24.	Feldmann, Katja		24.W	35:36
25.	Hauck, Andreas	TV Rußhütte	25.M	35:37
26.	Gilges, Christine		26.W	35:49
27.	Baltes , Lisa		27.W	35:50
28.	Poss, Markus		28.M	35:57
29.	Becker, Maren	Outdoor Nation	29.W	36:12
30.	Schmitt, Jennifer		30.W	36:12
31.	Rummler, Anne	Outdoor Nation	31.W	36:14
32.	Dietrich, Robin		32.M	37:07
33.	Schneider, Sebastian	Outdoor Nation	33.M	37:09
34.	Antonio, Daniele	Outdoor Nation	34.M	37:11
35.	Corica, Sara		35.W	37:53
36.	Rommeis, Sabrina	HTW Saar Dragoner	36.W	37:54
37.	Dewi, Kevin	Kanu-Wanderer Saarbrücken e.V.	37.M	37:55
38.	Schirra, Olaf		38.M	37:57
39.	Gergen, Dennis		39.M	37:59
40.	Röthel, Jessica		40.W	38:00
41.	Kleis, Isabelle		41.W	38:32
42.	Müller, Jasmin	Outdoor Nation	42.W	38:33
43.	Didion, Kathrin	Outdoor Nation	43.W	38:34
44.	Enders , Silke	Funrunners	44.W	38:37
45.	Opsölder, Desiree	Funrunners	45.W	38:37
46.	Klopp, Anja	Runfunners	46.W	38:37
47.	Schirra, Rebecca		47.W	38:55
48.	Weiler, Nicole		48.W	39:14
49.	Decker, Sarah		49.W	39:14

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Pos.	Name	Verein/Ort	Pl./AK	Zeit
50.	Alaimo, Fabiana	Outdoor Nation	50.W	39:15
51.	Ghanem, Ghada	Outdoor Nation	51.W	39:15
52.	Al Akedy, Tamara	Outdoor Nation	52.W	39:15
53.	Jene, Viktoria	Outdoor Nation	53.W	39:16
54.	Mayer, Cindy		54.W	39:23
55.	Kartes, Lena	Outdoor Nation	55.W	39:25
56.	Uhl, Yasemin	Outdoor Nation	56.W	39:25
57.	Schwartner, Heike	Poseidon Worms	57.W	39:26
58.	Bauer, Sabrina	Dreamteam	58.W	39:34
59.	Fisseux, Michael	Dreamteam	59.M	39:35
60.	Zimmer, Sabrina		60.W	39:59
61.	Heruvich, Jürgen		61.M	40:04
62.	Germann, Björn		62.M	40:11
63.	Fisselbrand, Janine		62.W	40:11
64.	Sander, Michael		64.M	40:14
65.	Strnad, Michael	Sportstudio Weidler	65.M	40:15
66.	Weidler , Eike	Sportstudio Weidler	66.M	40:15
67.	Freitag, Ramona	Outdoornation	67.W	40:16
68.	Banyait, Ann	Outdoornation	68.W	40:17
69.	Schackmann, Sven		69.M	40:43
70.	Neu, Vanessa		70.W	40:43
71.	Kuhn, Patrick		71.M	40:45
72.	Nothof, Alexandra	Outdoor Nation	72.W	41:07
73.	Uherek, Britta	Outdoornation	73.W	41:07
74.	Tantow, Robert	Outdoor Nation	75.M	41:14
75.	Kartes, Laura	Outdoor Nation	74.W	41:14
76.	Weingardt, Mark		76.M	41:26
77.	Rettig, Hendrik		77.M	41:35
78.	Knaf, Anke		78.W	41:40
79.	Prianon, Isabelle		79.W	41:40
80.	Kitza, Laura		80.W	41:41
81.	Freigang, Jasmin		81.W	42:11
82.	Vierig , Jonas	Lauffreunde Saarwellingen	82.M	42:23
83.	Schmitt, Varitsa		83.W	42:28
84.	Raber, Marc		84.M	42:29
85.	Raber, Heike		85.W	42:29
86.	Schäfer, Monika	Outdoornation	86.W	42:39
87.	Müller, Julia	Outdoor Nation	87.W	42:39
88.	Hemmer, Carina	Outdoor Nation	88.W	42:39
89.	Lippert, Philipp	Die Lipperts & Anhang	89.M	42:56
90.	Heger, Anika	Die Lipperts & Anhang	90.W	42:57
91.	Schwarz, Dennis		91.M	43:08
92.	Kauss, Katrin	Ladies Only Maichingen	92.W	44:23
93.	Freyberger, C&eacuteline		93.W	44:29
94.	Schweizer, Anne	Outdoor Nation	94.W	44:30
95.	Braun, Julia	Outdoor Nation	95.W	44:30
96.	Engel, Katharina	Outdoor Nation	96.W	44:30
97.	Fiedler, Anke	Outdoor Nation	97.W	44:30
98.	Welsch, Tanja	Outdoor Nation	98.W	44:30

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Pos.	Name	Verein/Ort	Pl./AK	Zeit
99.	Jakob, Isabelle	Outdoornation	99.W	44:31
100.	Engel, Michael	Lustigos	101.M	45:47
101.	Daugelaviciute, Reda	Lustigos	100.W	45:47
102.	Jochem, Mike	Lauffreunde Saarwellingen	102.M	46:12
103.	Vierig, Patrick	Lauffreunde Saarwellingen	103.M	46:12
104.	Koch, Markus	Lauffreunde Saarwellingen	106.M	46:14
105.	Jochem, Tanja	Lauffreunde Saarwellingen	104.W	46:14
106.	Amann, Jaqueline	Lauffreunde Saarwellingen	105.W	46:14
107.	Campanella, Loris	Lauffreunde Saarwellingen	109.M	46:15
108.	Koch, Selina	Lauffreunde Saarwellingen	107.W	46:15
109.	Koch, Claudia	Lauffreunde Saarwellingen	108.W	46:15
110.	Mink, Michael	Lauffreunde Saarwellingen	111.M	46:16
111.	Mink , Tanja	Lauffreunde Saarwellingen	110.W	46:16
112.	Quack, Nathalie		112.W	46:40
113.	Schöck, Nadja		113.W	46:53
114.	Schäfer, Joachim	Team Zoores	114.M	48:28
115.	Schäfer, Stefanie	Team Zoores	115.W	48:29
116.	Schmitt-Karrenbauer, Manfred	1.FC Saarbrücken	117.M	48:57
117.	Lehberger, Martina		116.W	48:57
118.	Quirin, Elena	1. FC Saarbrücken	118.W	48:57

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### 8 Kilometer

Pos.	Name	Verein/Ort	Pl./AK	Zeit
1.	Justus, Steffen	Triathlon Freunde Saarlouis	1.M	30:36
2.	Zipf, Jonathan	LAZ Saar 05	2.M	30:38
3.	Hilt, Sebastian		3.M	33:45
4.	Zimmer, Christian		4.M	34:51
5.	Schumacher, Martina		5.W	35:12
6.	Philippin, Hanna	LAZ Saar 05	6.W	37:41
7.	Jans, Raphael		7.M	38:15
8.	Reuter, Torsten	Kanu Club Dillingen	8.M	38:17
9.	Schmitt, Joshua	LC Warndt	9.M	38:19
10.	Schiel, David		10.M	38:26
11.	Mueller Sato, Patrick	TV Bous	11.M	39:06
12.	Muscalla, Kevin	Outdoor Nation	12.M	39:18
13.	Oster, Laurent		13.M	39:26
14.	Hayen, Chantal		14.W	40:14
15.	Gottwalles, Dominic		15.M	40:26
16.	Alhamed, Ali	Outdoor Nation	16.M	40:34
17.	Wiesmeier, Thomas		17.M	40:35
18.	Lippert, Reinhard	LC Warndt	18.M	40:36
19.	Rein, Olaf	Outdoor Nation	19.M	41:03
20.	Koch, Oliver	Boxclub 1921 Neunkirchen	20.M	41:06
21.	Kohlen, Tim	Team Freude am Laufen	21.M	41:13
22.	Breitsameter, Werner		22.M	41:18
23.	Weyrauch , Andre		23.M	41:22
24.	Maurer, Patrick	RV Möve Schmelz	24.M	41:38
25.	Weber, Rochus		25.M	42:06
26.	Turala, Marek	ACCUT-Runner	26.M	42:26
27.	Thiel , Stefan	Hardtseemafia Triathlon	27.M	42:30
28.	Speicher, Boris		28.M	42:48
29.	Heimbuch , Konstantin		29.M	43:02
30.	Paulussen, Hanna		30.W	43:03
31.	Andres-Grosser, Maria		31.W	43:11
32.	Kirch, Alexander	Kanu-Wanderer Saarbrücken e.V.	32.M	43:36
33.	Herrmann, Jens	Kanu-Wanderer Saarbrücken e.V.	33.M	43:41
34.	Hartmann, Richard		34.M	43:47
35.	Greif, Thomas		35.M	44:08
36.	Karl, Oliver		36.M	44:11
37.	Justinger, Christoph	TVH MTB	37.M	44:14
38.	Blum, Svenja	Hansi gewonnen	38.W	44:15
39.	Winiarczyk, Martin	ACCUT-Runner	39.M	44:17
40.	Müller, Marcus		40.M	44:25
41.	Schmitt, Marco		41.M	44:25
42.	Fuchs , Torsten		42.M	44:28
43.	Hinsberger, Stefan	ACCUT-Runner	43.M	44:30
44.	Becker, Thorsten	EII-Runner	44.M	44:39
45.	Eintz, Marc	Carpe Diem	45.M	45:00
46.	Cond&eacute;, Thomas		46.M	45:01
47.	Schaper, Steffen	Nauwieser Quarter Runner	47.M	45:07
48.	Schierl, Frederike		48.W	45:19
49.	Markus, Maas	HSG Völklingen	49.M	45:26

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50.	Scherschel , Marcel	Kanu Club Dillingen	50.M	45:28
51.	Schmidt, Eric	SCN Flughafen	51.M	45:31
52.	Honecker, Reinhold	Kanu-Wanderer Saarbrücken e.V.	52.M	45:41
53.	Döllekes, Jan	Boot-Camp Blieskastel	53.M	45:42
54.	Wu, Jian		54.M	45:43
55.	Hohn, Edgard	Elsa Saarbrücken e.V	55.M	45:44
56.	Wirbel, Christoph		56.M	45:47
57.	Gebhardt, Sascha		57.M	45:54
58.	Siegel, Frank	Carpe Diem	58.M	46:05
59.	Groß, Nadine	Accut Runner	59.W	46:18
60.	Schwarz, Martina	Kanu-Wanderer Saarbrücken e.V.	60.W	46:32
61.	Jascha, Schmidt		61.M	46:34
62.	Graf, Yannic	Kanu-Wanderer Saarbrücken e.V.	62.M	46:44
63.	Seibert, Marc		63.M	46:48
64.	Nitzgen, Bianca	ACCUT-Runner	64.W	46:55
65.	Büscher, Vanessa		65.W	46:56
66.	Stryczynski, Ralf		66.M	46:57
67.	Leutenegger , Kai	HSG Völklingen	67.M	47:07
68.	Münster , Manuel	LAG Saarbrücken	68.M	47:10
69.	Maximini, Marcel		69.M	47:10
70.	Peifer, Carolin		70.W	47:10
71.	Schütz, Michael	Behinderten Sportgruppe Horn	71.M	47:24
72.	Zäh, Michael	Outdoor Nation	72.M	48:00
73.	Koch, Nikolai		73.M	48:13
74.	Abeck, Nicole	ACCUT-Runner	74.W	48:15
75.	Albrecht, Marcel		75.M	48:16
76.	Schimscha, Jasmin	ACCUT-Runner	76.W	48:16
77.	Krings, Markus		77.M	48:23
78.	Sasso-Sant , Maxi		78.W	48:52
79.	Wendels, Jörg		79.M	49:05
80.	Heer, Elmar	LLG Wustweiler	80.M	49:15
81.	Wenske, Hermann	LLG Wustweiler	81.M	49:19
82.	Simon, Pascal		82.M	49:20
83.	Patrizi, David		83.M	49:29
84.	Neumüller, Samira	Ruhland-Kallenborn	84.W	49:40
85.	Klein, Andreas	Skiclub Dudweiler	85.M	49:41
86.	Hemgesberg , Michael	LAG Saarbrücken	86.M	49:41
87.	Hansen, Anna-Lena		87.W	49:47
88.	Uentze, Thomas		88.M	49:56
89.	Bogendorfer, Dirk		89.M	49:58
90.	Leonhardt, Joerg		90.M	50:12
91.	Hermann, Jörg		91.M	50:30
92.	Eicher, Angela		92.W	50:31
93.	Haink, Marko	FFw Bäsch	93.M	50:58
94.	Poliakov, Iaroslav		94.M	51:05
95.	Sewerin, Jochen		95.M	51:08
96.	Quirin, Carsten		96.M	51:08
97.	Lang, Benjamin		97.M	51:12
98.	Maas, Andreas	Fun Hornets	98.M	51:15

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99.	Riedel, Christian		99.M	51:18
100.	Christ, Michael	Outdoor Nation	100.M	51:31
101.	Schaberg, Christian	SV Furschweiler	101.M	51:40
102.	Kerner, Markus		102.M	51:41
103.	Michel, Jenny	Outdoor Nation	103.W	52:09
104.	Klos, Christian	Slowmo	104.M	52:12
105.	Fabio , Frychel		105.M	52:33
106.	Becker, Willi	Outdoor Nation	106.M	52:41
107.	Weinbrecht, Fritz	Personal Up your Life	107.M	52:43
108.	Vogt, Jonas		108.M	52:54
109.	Land, Fabian	Mai + Schröder it-services	109.M	52:55
110.	Raskopf, Markus	TV Mettlach	110.M	52:57
111.	Brungs, Bettina		111.W	53:10
112.	Gregorius, Nicole	Outdoornation	112.W	53:10
113.	Marx, Oliver	Die Irrläufer	113.M	53:13
114.	Peter, Andreas		114.M	53:24
115.	Ackermann, Florian		115.M	53:24
116.	Anna, Elmar		117.M	53:29
117.	Anna, Astrid	RAG	116.W	53:29
118.	Sebastian, Riethausen	Parkour Trier e.V.	119.M	53:36
119.	Walther, Stephanie		118.W	53:36
120.	Dumanezki, Katharina	personal-up your life	120.W	53:55
121.	Nagel, Tino	Die Baadsch Grazien	121.M	54:03
122.	Kaiser, Werner		122.M	54:09
123.	Schröder, Marco	Mai + Schröder it-services	123.M	54:17
124.	Roos, Chantal		124.W	54:29
125.	Didie, Ralf		125.M	54:32
126.	Scheider, Helena	Personal Up your Life	126.W	54:37
127.	Hoffmann, Swen		127.M	54:39
128.	Ludwig, Dennis		128.M	54:39
129.	Koba, Krause	Outdoor Nation	129.W	54:40
130.	Bretschneider, Frank		130.M	54:56
131.	Feld, Wolfgang		131.M	55:44
132.	Blank, Michael	TV Bous	132.M	55:45
133.	Blank , Ulrike	TV Bous	133.W	55:45
134.	Molter, Stefan	Outdoor Nation	134.M	55:46
135.	Deitz, Anja	Outdoor Nation	134.W	55:46
136.	Müller, Michael	Outdoor Nation	136.M	55:50
137.	Müller, Jennifer	Outdoor Nation	137.W	55:50
138.	Wolf, Tanja		138.W	55:52
139.	Klein, Stefan	Caos Rasing Team	139.M	56:04
140.	Kliebenstein, Calle	Chaos Racing Team	140.M	56:04
141.	Peters, Steve		141.M	56:15
142.	Collnot, Eva	Outdoornation	142.W	56:19
143.	Wentzler, Dominique	Fun Hornets	143.M	56:44
144.	Nachlass, Markus		144.M	57:04
145.	Navarro, Julio		145.M	57:09
146.	Schwarz, Thomas		145.M	57:09
147.	Fehrer, Felicitas	Die taffen Giraffen	147.W	57:18

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148.	Schmidt, Daniela	Outdoor Nation	148.W	57:38
149.	May, Esther	Die taffen Giraffen	149.W	57:47
150.	Herz, Annabelle	Outdoor Nation	150.W	58:05
151.	Heinen, Thomas	Schützenverein Bliesmengen-Bolchen	151.M	58:21
152.	Schweer, Michael		152.M	58:32
153.	Wackert, Michael	Schlafmützen	153.M	58:33
154.	Diehl, Annika	Schlafmützen	154.W	58:34
155.	Beck, Axel	die Becks	155.M	1:00:11
156.	Beck, korinna	die Becks	156.W	1:00:11
157.	Müller, Benny		157.M	1:00:15
158.	Elz, Oliver		158.M	1:00:19
159.	Trojahn, Ulrike		159.W	1:00:20
160.	Gerhold, Raffaela	Outdoornation	160.W	1:00:25
161.	Scherer, Birgit	Outdoornation	161.W	1:00:25
162.	Winkler, Nathalie	Kanu-Wanderer-Saarbrücken e.V.	162.W	1:00:27
163.	Forster, Katja	Kanu-Wanderer Saarbrücken e.V.	163.W	1:00:27
164.	Elbert , Andrea	KWS Drag- Team	164.W	1:00:27
165.	Matheis, Kelly	LAZ Saar 05	165.W	1:00:27
166.	Lind, Nina	Sportfreundin	166.W	1:00:36
167.	Wilhelm, Laura		167.W	1:00:59
168.	Bohn, Timo		168.M	1:02:35
169.	Müller, Maik		169.M	1:02:37
170.	Weiland, Ralf		170.M	1:02:38
171.	Ammon, Carsten	Outdoor Nation	171.M	1:02:56
172.	Artaud, Sabrina	Outdoor Nation	172.W	1:02:56
173.	Basile, Isabelle	Outdoor Nation	173.W	1:02:57
174.	Ceccotti, Patricia	Outdoor Nation	174.W	1:02:57
175.	Arensdorf, Melanie	Outdoor Nation	175.W	1:02:58
176.	Jagadeeshkumav, Venkatesan		176.M	1:03:21
177.	Reschke, Andreas	LAG Saarbrücken	177.M	1:03:48
178.	Reschke, Lisa	LAG Saarbrücken	178.W	1:03:48
179.	Schamari, Marius		179.M	1:03:51
180.	Schamari, Laura		180.W	1:03:52
181.	Thiry, Uimar		181.M	1:03:57
182.	Bastian, Judith	Power-Out	182.W	1:04:03
183.	Liska, Christophe		183.M	1:05:03
184.	Rebeiro, Jerome		184.M	1:05:03
185.	Kiefer, Gian-Luca		185.M	1:08:27
186.	Bare, Kyra		186.W	1:08:27
187.	Hoppstädter, Bastian		187.M	1:08:28
188.	Kurz, Constanze	ACCUT-Runner	188.W	1:13:30
189.	Wenz, Nadine	Toso X Team Saar 2	189.W	1:13:30